

About.....[©]

Our Bay & Basin

AUGUST 2020

Vol 17 Issue 7

Red Weed on our beaches

MYSTERY SOLVED

Questions answered about

CATARACTS

KOKODA

About..... Monthly Feature

Red Weed on Blenheim Beach – photo by Linda Slosu

 Sanctuary Point Districts
Community Bank Branch

 bendigocb_sanctuarypoint

**TWO BENDIGO COMMUNITY BANK ATMs conveniently
situated at KERRY ST SANCTUARY POINT and
VINCENTIA MARKETPLACE.**

www.aboutbayandbasin.org

A Community Magazine proudly produced as a service to the community by
Sanctuary Point & Districts **Community Bank Branch**

THE COUNTRY CLUB

St Georges Basin *Vincentia*

There's always plenty on across our two great locations!
For more info see our website.

www.thecountryclub.com.au

Wednesday
MEGA MEAT Raffle
OVER 70 PRIZES

Tickets on sale from 4:30pm
Draw starts 6pm
Tickets \$1 each, buy \$10 or more
in 1 transaction and get **DOUBLE TICKETS**

RIPPER RAFFLE
Thursdays
Over \$3,000 in Prizes to be WON!

WIN! Tickets on sale 4:30pm
Draw starts 6:00pm

TICKETS \$1 EACH
BUY \$10 or MORE &
GET DOUBLE TICKETS!

BINGO

Monday, Tuesday & Wednesday Mornings
Tuesday Evenings!

AVAILABLE MONDAY - FRIDAY
(EXCLUDING PUBLIC HOLIDAYS)

MEMBER LUNCH SPECIALS

SEE SPECIALS BOARD FOR DETAILS

ONLY \$10
16.12 VISITORS

Featuring in this issue



3 Community POS[®]
Card payment facility available for community based groups

Red Weed on Blenheim Beach – photo by Linda Slosu

5 Mystery Solved
What is it? Why is it there?

6 About **Photography**
Are competitions worth it?

17 Armchair travel to Italy
for RFBI residents

18 About **History**
continuing on with Cranky Sam

20 Home Care Packages
with BBCR

21 Community Noticeboard

24 What's On

30 About **Monthly Feature**
Kokoda

35 On The Beat
Some good advice

36 About **Eye Care**
Cataract questions answered

CONTACT DETAILS

Contributions Please submit your contributions for the September issue by 5th August 2020 and the Oct issue by 2nd Sept to

The Co-ordinator

editor@aboutbayandbasin.org
PO Box 180
Sanctuary Point NSW 2540
Phone: 0478 607 829

Advertising Enquiries 0478 607 829
ads@aboutbayandbasin.org

Distribution Enquiries 0478 607 829
distribution@aboutbayandbasin.org

Printing

About magazine is proudly printed and typeset locally by Sanctuary Point Printing, phone 4443 0014

10,000 copies carefully distributed by Pinpoint Advertising to homes and business in Wandandian, Bewong, Tomerong, Falls Creek, Basin View, St Georges Basin, Sanctuary Point, Old Erawal Bay, Erawal Bay, Huskisson, Vincentia and Woollamia. We are also supported by many local businesses.

About accepts no responsibility for any article, advertisement, notice or letter published. Any article, advertisement, notice or letter is published at the risk of the contributor, who accepts liability for any intended publication. All contributors forwarding articles, advertisements, notices or letters agree to indemnify the publisher and warrant that the material is accurate, not deceptive or misleading, in breach of copyright, defamatory or in breach of any other laws or regulations. About reserves the right to edit contributions and there is no guarantee all material submitted can be published. All views expressed in this publication are those of the contributors and are not necessarily those of About

A Word from the Editor

WELCOME TO OUR AUGUST EDITION OF THE About MAGAZINE.

Well here we are in August our last month of Winter. This year has felt a lot like one long winter with everything that has been going on, lets hope the spring brings with it some better conditions, we could all use it.

Seechange 2020 online is still on. Why not log onto seechangefestival.net.au and have a look at what is on offer. This festival supports local artists and makers, you can even vote for the work you most admire in the People's Choice Award, the winner will receive \$500. Voting closes 31st August.

Our congratulations go to the organiser of this event, they had to think outside the box to be able to keep this valuable event running in these difficult times, well done to all.

This month's must reads:

- Mystery solved - page 5
Life through my lens - page 6
Cranky Sam - page 18
Kokoda - page 30

Regards and happy reading, Editor

Cassie's Cuts Curls & Colours
All aspects of men's and women's hairdressing
FACIAL WAXING, EYELASH & EYEBROW TINTING
RELIABLE & FRIENDLY SERVICE WITH GREAT AFFORDABLE PRICES FROM A VERY COMFORTABLE HOME SALON
10am - 5pm TUESDAY, WEDNESDAY, THURSDAY
4443 7643
0422 224 541
26 Naval Parade, Erawal Bay

COMMUNITYPOS®

CARD PAYMENT FACILITY AVAILABLE FOR ANY COMMUNITY-BASED GROUPS



CommunityPOS® is a service available to community groups to make it easier for them to take payments when fundraising. Providing they are Bendigo Bank customers, local community groups such as schools, Rotary clubs and sporting clubs, are able to apply for temporary access to an EFTPOS terminal from their local branch when they are holding a fundraising or charitable event.

This could include club registration days, membership drives or school fetes. CommunityPOS® is a quick, low cost solution for community groups to accept real-time card payments on the day of their event. Under the service, the EFTPOS terminal is borrowed for the time that the community event is held. After the event, the branch calculates the value of the card transactions processed, and pays them directly into the group's nominated Bendigo Bank account

The introduction of this service has been in response to a clear need from community organisations that bank with us – organisations that rarely have the money to pay for an EFTPOS terminal year round. Bendigo Bank is pleased to be able to offer a solution to community groups that assists with their fundraising activities. Although the service is available exclusively to Bendigo Bank customers, we encourage community groups who don't bank with us to drop into the branch and see what we can offer you. Bendigo Bank branches offer a full range of banking and financial services, from everyday bank accounts to business banking and financial planning.

If your community group is interested in utilising CommunityPOS®, please call in to the local branch. **Until next month – Keith Robinson – 4443 9825**

Your home loan and insurance all under one roof

Find out more. Search Bendigo Bank near me.
Community Bank – Sanctuary Point 4443 9825



Bendigo Bank

Terms, conditions, fees and charges apply. Full details available on application. Lending criteria apply. Bendigo and Adelaide Bank ABN 11 068 049 178 AFSL 237679 (not under its own Australian Financial Services Licence number and under an agreement with a range of issuers. (1461949-1481947) (06/20).



Local Glassmaster

Specialising In:
Broken Glass Replacement ■ Shopfront Repairs
Splashbacks ■ Table Tops ■ Mirrors
Shower Screens ■ Glass Cut To Size
■ Commercial Work
Flyscreens, Security Doors & Grills

"24 Hour Emergency Service"

6 Duranbah Drive,
Huskisson

For a free measure & quote
call Andy

0432 074 704

Sew Good, Knit Too

Shop 3/28 Paradise Beach Rd, Sanctuary Pt
(next to Jimbo's Mowers) **4443 2228**

- Patchwork and dress fabrics and supplies
- Haberdashery • Wool & Yarns
- Knitting Supplies & Patterns
- Baby Gifts

Stockists of rit dyes, velcro, embroidery
threads, crochet cottons, curtain tape,
hooks and rings and much more...

Mon-Fri
9am - 4.30pm
Sat
9am - 1pm



- Clothing Repairs and Alterations
- Agency for Rosemont Sewing and Overlocker Machine Repairs

BAY & BASIN TREE SERVICE

- Tree removal
- Tree trimming
- Block clearing
- Chipping service
- Hedge trimming
- Stump grinding
- Mulch supply
- Firewood

Free Quotes
Competitive rates
Fully insured
Qualified Arborist - Cert III
17 years experience

0414 801 730

[e: bayandbasintreeservice@gmail.com](mailto:bayandbasintreeservice@gmail.com)

Bay & Basin Fencing

- ★ Colour Bond ★ Tubular ★ Gates
- ★ Weld Mesh Steel ★ Chain Wire



0456 198 507

CTC @ Sussex Inlet

Is Technology leaving you behind?

We have the answer – Be Connected is an Australian Government initiative to help all Australians cope with ever changing Technology. Be Connected is an easy paced learning program to introduce you to the basics of many different skills which you can use on your own device. Be Connected can be done using the computers at the CTC, at your home, or wherever you can log into the internet. Give us a call and we will send you a package to get started. Any problems the staff of the CTC will help you to discover how being online can add new skills and experience to your life. The best part is it is completely free so give it a go....

Phone 4441 0921 Tues – Fri 10.30am till 2.30pm
or visit us at 7/168 Jacobs Drive Sussex Inlet



Be Connected
Every Australian online.



We get many photos and comments emailed to us from our readers. One such reader emailed us a very colourful photo of the red weed that washes up on our local beaches and posed the question "what is it and why is it there?"

After some calls and questions we have got to the bottom of the red weed.....

This image is of a of red drift algae, but not a species that can be identified from the picture alone.

A number of different species red algae are known to occur in Jervis Bay and records of algal blooms in the bay go back well over 100 years.

Algae are broadly grouped by colour (red, brown and green) and this one is part of the Rhodophyta (red) group which includes about 7,000 species around the world.

In Jervis Bay, algal growth occurs at certain times when warmer water temperatures in Spring optimises growing conditions.

Our clear, calm and shallow waters all contribute to a suitable environment for the algae.

Red algae provides food and habitat to a wide range of animals in the bay and provides nutrients for plants and animals

on the beach once washed up.

The decaying algae can cause quite a smell on the beach but it looks amazing in contrast to our white sands.

The algae disappears once sea conditions change, and breaks down quickly on the beach, so even though it can be seen as a nuisance it is a natural event and part of normal ecological cycles.

Thanks to Dion Maple (Natural Resources Team Leader a/g - Park Services Team – Booderee National Park for the above information.

If you have any questions or photos that you would like us to follow up, please email them to us at editor@aboutbayandbasin.org and we will do our best to find information and we may be able to enlighten other readers who may be asking the same questions. ■



Life - Through My Lens

by Corinne Le Gall

Check out [f](#) Life - Through My Lens @ CorinneLeGallPhotography

Are Competitions Worth It?

It could take a few issues of this magazine to answer this one, but I'll try to keep it to one only. You're flicking through social media or indeed someone you know mentions or tags you in a post suggesting that your photo may be good enough to enter a particular photo competition being advertised. What do you do? Is it worth the effort, time and maybe cost, the disappointment if you don't make 'the cut', but then again, you may place or even win!

Competitions do not always define you or your work. A lot of great photos don't make the cut, then again, some that win can raise an eyebrow or two.

Art is subjective, meaning, one judge might like what you put forward while another totally sees no value in it - and this is where you have to be resilient if you fall into the latter category. It can crush you into believing you're not doing anything right whereas the winner or placed entrant might feel totally elated for something they've produced, yet the audience may have a question mark over the entry.

By all means, competitions do push you into areas where you learn to critique your own work - that may not be a good thing as we are at times, our own worst critic. Competitions will teach you to stop and think - about whether the potential entry fits the brief by sticking to the set theme, whether the rules are being abided by, whether you are indeed producing something worthy of a win or whether you are blinded by sentiments/hard work trying to capture the shot in mind but not achieving it, showing the technical brilliance of the shot in the right way

to attract the judges' attention and all the other constraints that go with a competition.

You only need to ask a number of people whether a movie is worth seeing - maybe half will say that it is brilliant, while the rest tell you not to waste your time. The only way you will know, is by going and seeing it for yourself and making up your own mind - you will fall into one of the two categories..... and that is the essence of a photo completion and the judging process. As mentioned above, one judge may like what you have produced while another may totally not even notice your effort.

The most respected competitions will also have the appropriate judge for the category. Imagine a wildlife competition being judged by someone who specialises in cityscapes. That judge who has never been in the field to capture wildlife will have no idea of how hard it is to find and photograph a particular subject, how elusive the subject is or/and the effort of capturing even one shot of it at all.

The most important aspect of entering a competition is research. If possible and if it is a recurring competition, go back to previous placed/winning entries within each of the category and that will give you a basic idea of what the judges are looking for. Research also for the criteria being asked for e.g. the competition asks for 'behaviour', ensure that your entry delivers that and not a beautiful 'portrait' or 'habitat' or anything else not asked for.

Above all, be realistic with both your expectations and the judges' specifications.

Next Issue: Replicate and Emulate – then go out on your own. ■

Contribute to About

We'd love to hear from you! Please submit your articles by email to editor@aboutbayandbasin.org or by post to PO Box 180, Sanctuary Point NSW 2540 or contact us on 0478 607 829



CART GARAGE

Golf Cart

- SALES • SERVICE
- PARTS • REPAIRS
- RESPRAYS

Battery Testing & Replacement

Call Ron
0422 655 890

E: thegolfcartgarage@gmail.com

Bikes At The Basin

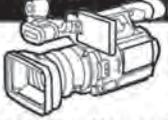
Shop 1/20 Paradise Beach Rd
Sanctuary Point



Ph: **4443 3777**

- Comprehensive range of new bikes
- Servicing and repairs
- Parts and accessories
- Friendly, helpful advice
- Come in and talk to Shane

Wedding Videographer



Weddings, Corporate, Business and all other occasions

0401 076 338

VHS to DVD's

record albums

Cassettes → Onto CD's

Home movies, LP's and Cassettes to CD's Onto DVD's

VHS home movies → DVD

0401 076 338



INJURED WILDLIFE?

Call
Wildlife Rescue

0418 427 214

www.wildlife-rescue.org.au

BEACHES Timber Floors

- Sanding & Polishing
- Stains
- Stairs
- Wood Washing
- Repairs
- Competitive Rates
- Reliable Service



Call Moses for your **FREE QUOTE**
0401 184 444

Attention Bay and Basin Businesses!

For a limited time only - Free on-line directory listing to get your local business back into business!

It's our way of helping you put the bushfires, floods and Covid19 behind you ...

JervisBayLife - a brand-new, state-of-the-art, online local directory

Don't miss out! Claim your spot now at JervisBayLife.com.au - just click on the 'Submit YOUR Business' button

Free listing period expires on 30 November 2020. T&Cs apply.

FREE ONLINE LISTING

Jervis Bay Life
the up-to-date local directory you can trust

BOOST YOUR BUSINESS BACK INTO BUSINESS

Barely Wearable

body adornment for the age of overconsumption



An exhibition by

RUTH DOWNES

8 AUGUST - 29 NOVEMBER

Opening 12pm Saturday 8th August.
RSVP essential.

Jervis Bay Maritime Museum
Woollamia Rd, Huskisson NSW
Open Daily 10am - 4pm
enquiries@jbmm.asn.au
02 44415675

JERVIS BAY
**MARITIME
MUSEUM**
& GALLERY

jervisbaymaritimemuseum.com.au

*Now is still a good
time to sell*

Over 20 years experience working in
the Bay and Basin area.

Don't gamble with your most valuable asset.



belle
PROPERTY

JERVIS BAY

Call David Standen
0429 631 880

e: david.standen@belleproperty.com

1/1 Burton Street, Vincentia

Bendigo Community Bank Board



As part of our Board succession planning, we are inviting interested members of the local community to apply for a position as Director on our Board.

Being a public Company, the position of Director is responsible to the Company's Shareholders and would need to comply with the Company's Act as administered by ASIC. Note, the Company's constitution limits the number of Directors to ten.

Directors will be required to work as part of one or more of the standing committees which report to the Board, which include:

- Marketing, Public Relations & Media Management, and the *About Magazine*
- Governance & Audit, and Policy & Procedures
- Community Affairs
- Human Resources

While we have several positions to fill, we are currently looking for people with the skills in Marketing and knowledge and understanding of social media platforms. We also need those with a genuine commitment to the community as these are volunteer positions.

If you feel you have the skills to contribute and wish to be considered for any of these positions or one of the other positions (at the level of a Director), we would like to hear from you.

Please submit a written application to the Company Secretary PO Box 180, Sanctuary Point, NSW 2540, outlining your:

- Reasons for applying for this position
- Relevant skills, experience, background
- Community involvement
- Availability to commit to the Company's activities.



SLOW COOKED CHICKEN WITH LEMON & ARTICHOKES

courtesy of  Australian Home Cooks

INGREDIENTS

- | | |
|--|--|
| 1 large lemon | 4 garlic cloves, chopped |
| 1 ½ cups marinated artichokes (bought at supermarkets) | 1 tablespoon chopped fresh parsley, plus more to garnish |
| 8 chicken drumsticks | ½ teaspoon saffron powder |
| Salt and black pepper to season | ½ teaspoon ground cinnamon |
| 2 tablespoons olive oil | ¾ cup chicken stock |
| 1 onion, diced | 100g Risoni Pasta |

METHOD

1. Heat a little oil in a frypan, season chicken with salt and pepper and fry until lightly golden. Remove and place in the Slow Cooker.
2. Add onion and garlic to the pan and cook 3-4 minutes. Spoon in with chicken.
3. Zest lemon. In a metal or glass bowl, add stock, saffron, cinnamon, parsley, juice of the lemon plus zest. Stir to combine. Pour over chicken. Add artichokes.
4. Cover and cook on high 2 - 2.5 hours.
5. 10 minutes before end of cooking time cook risoni as per packet instructions.
6. Remove chicken and keep warm.
7. Add cooked risoni to the slow cooker and continue cooking for a further 5 minutes.
8. Spoon onto a plate, top with chicken, garnish with fresh parsley.

Nathan Parnell ROOFING

METAL ROOF SPECIALIST

For quotes call

0422 024 000

- All types of Metal Roofing
- Fascia & Guttering
- Wood Fire Install & Cleaning
- Chimney Sweeping
- Roof & Gutter Repairs
- Down Pipes & Drainage
- Leaf Guarding / Skylights

Lic No.
175344C

WE NOW OFFER:
**Gutter Vac Cleaning &
High Pressure Water Cleaning**
Driveways, Roof Cleaning, Blocked Drains etc.

Staying active and healthy with Penny Lyn Daly

Falls Prevention and Postural Strength

**Incorporating
COVID Safe**

Social Distancing GentleFit Classes

Community Arts Cottage – 48 Edmund St, Sanctuary Point
8am Tuesday and Thursday – All welcome

7 Streamside Street, Woollamia
10.30am Tuesday & 9.30am Thursday – All welcome

Aveo Retirement Village – 62 Island Pt Rd, St Georges Basin
10.15am Monday and Friday – Due to corona virus – Residents Only

Coastal Waters Retirement Village – Worwong Heights
9.15am Tuesday – Residents Only



**All Classes
\$10**

**PLACES ARE LIMITED DUE TO RESTRICTIONS
BOOKINGS ARE ESSENTIAL**

Classes and times may change from month to month – Levels and options for everyone

Phone today 4441 5612 or 0413 993 782

Ardent Lawyers

(02) 4444 6808

**Your friendly Bay & Basin Lawyers
Home visits available**

- Wills & Estates
- Conveyancing
- Civil Litigation
- Commercial Law
- Compensation Law

www.ardentlawyers.com.au



Optimum

Automotive & Towing



- ★ Professional Repairs for all Makes & Models
- ★ Rego Inspection Incl. LPG
- ★ New Car Warranty & Log Book Servicing
- ★ Customer Vehicle Pick Up & Delivery
- ★ Towing Service 24/7
- ★ Battery Testing & Fitting
- ★ Radiators
- ★ Break Down Service

Your Local 
**Car Electrics &
 Battery Agent**

TTLIC NO 11051 / MVRIC NO 42087

4441 8970 0412 472 284 (AH)

2/7 Snapper Road,
Huskisson

Waldron & Schofield Solicitors

"Excellence is our minimum standard"

WE HAVE MOVED TO 1 BURTON STREET, VINCENTIA

- CONVEYANCING
- BUSINESS LAW
- FAMILY LAW
- ESTATE DISPUTES
- WILLS & ESTATES
- PROPERTY LAW
- LITIGATION
- MEDIATION

Suite 6, 1 Burton Street
Vincientia NSW 2540



Ph: (02) **4441 8888**
E: manager@waldronschofield.com.au



SCOOTERS WHOLESALE

WE COME TO YOU

Servicing the Bay and Basin Since 1992



2/21 Quinns Lane, Sth Nowra

Bathroom Aids

Ramps

Wheelchairs

Recliners

& More



scooterswholesale.com.au CALL US **4422 8438**



BOOMERANG BAGS UP FOR GRABS

It's been four years since Boomerang Bags Bay and Basin held its first sewing workshop. We've made 4,000 bags and diverted 100's of kilograms of material from local landfill.

Our community has raised environmental awareness. The bags have helped people become more aware of the throw away mentality, and embrace reuse as a more sustainable option. One needle and thread at a time. We have been so grateful for those who have given their time and efforts, and have shared many a lunch and a laugh, making lasting connections and friends. However, it's our time to reach out to others who might be interested in continuing our great work.

We are one of a number of communities in the region supported by Shoalhaven City Council Waste Services and have everything you need to start your own community.

The Huskisson Community Centre supported us immensely by providing a dedicated storage space and venue. Having gratefully received donations of fabrics etc, we have ample for our needs. We have supported and donated to other organisations, as well as being supported by our local businesses and wonderful community.

Boomerang Bags is a not for profit organisation that up-cycles fabric into reusable bags, reducing plastic pollution and diverting waste. It facilitates conversations and community connections, fosters sustainable behaviour, in an enjoyable way!

Should this sound appealing to you or your organisation, you can find more information at boomerangbags.org, and our facebook pages or contact Rae on 0416 335 579.

Boomerang Bags Bay and Basin gratefully thank Shoalhaven City Council Waste Services, Huskisson Community Hall, and our local community for your support over the last 4 years. ■



The Wool Rd Spinners and Weavers have resumed their meetings, but with the necessary COVID-19 precautions of washing hands, and social distancing etc. It was great to see everyone again!

Four local (Shoalhaven area) spinning and weaving groups are hosting the 29th International Scarf Exchange 2021 next year. The local groups are Berry, Nowra, Wool Road and Murramarang Spinners & Weavers. The theme for the 29th International Scarf Exchange is "COASTAL". Participation involves exchanging 150gms of washed and prepared fresh natural fibre for spinning or felting with another participant, via the Scarf Exchange's Co-ordinators. Participants will need to be able to hand spin or hand felt.

More information about this exciting competition is available online at the Hand Weavers and Spinners Guild NSW website www.nsweave.org.au under the tab "International Scarf Exchange". You don't have to be a member of a spinning group to participate.

The Wool Rd Spinners & Weavers meet in the classroom behind the Jervis Bay Baptist Church, cnr of Wool Rd and St George Ave, 1st & 3rd Thursday of the month, from 9.30am till 1pm.

Enquiries phone Karen 4443 5239. ■

Ian's Keys & More.....



- ✓ Most types of key cutting for home or vehicle
- ✓ Remote Control repair and replacement
- ✓ Engraving for identification or personalisation
- ✓ Watch repair, battery and band replacement
- ✓ Gifts, Pet Tags and Personalised Cake toppers

Shop 9, Burton St, Vincentia
Ph: 4441 7648 – e: ianskeys@mail.com



All aspects of garden, yard & property maintenance.

atbcontractors.com.au ABN 16 871 580 073

- Tree Work • Landscaping • Irrigation • Water Features
- Lawn Mowing • Hedging • Mulching • Fertilizing • Aerating
- Rubbish Removal • Domestic & Holiday Rental Cleaning
- High Pressure Water Cleaning • Drone Rescue & Recovery
- All Trade Services • Colorbond Fencing

COMMERCIAL DOMESTIC RURAL PROP

0415 732 801



ALL PLUS PLUMBING AND GAS

ABN: 70 864 203 509

All Plumbing & Gasfitting

Maintenance & New Work • Hot Water Systems
Gas Appliance Service & Installations
Gas Heating • Blocked Drains • Water Jetting
• Bathroom & Kitchen Renovations • Drainage
Domestic & Commercial

4443 9656
0418 251 401

Servicing the Shoalhaven
www.allplusplumbing.com.au



"tax guy for the small fry"

Personal Returns \$125

**Get maximum claims for
working from home during Covid-19**

Check out www.taxguy.com.au

John Holterman JP CA 4443 2270

THE COUNTRY CLUB

St Georges Basin Fishing Club

Hello to all of our fishers and supporters.....

After a long and stressful time, The Country Club has advised that the Fishing Club can resume our activities.

We are very pleased with this and hope you are also looking forward to weighing in some fish, catching up with friends, all the while observing the strict social distancing rules as laid down by not only the Club but by NSW Health.

There will be signs, sanitiser and rules on display. We ask that everyone observes these rules to keep us all safe.

We plan to have our next weigh in on Sunday 23rd August 2020 – commencing at 2pm, entry via the gates near the bowling greens.

No eskies are to be brought in through the main club foyer. As usual, each fisher must be a paid up member of the Fishing Club. Fees are now due and are paid at the reception area.

Any queries, please do not hesitate to call Erhard Husted, President on 0412 230 687. ■



Shoalhaven Family History Society Inc.

Back To School

When we research our family history, it is often difficult to find details on children and this is where school records can prove to be a goldmine of information. In our research library at Pyree – housed in the Old School, we have records from the time it was built to when it closed in the 1970's.

School admission registers will give you the date of admission of a child, and their father's name, occupation and residence. The Visitors Book was completed by the School Inspector and the teachers were judged by the behaviour and abilities of the children. The punishment book is also very detailed and rumour has it that there are several canes underneath the floor which the children dropped through the floorboards to save themselves a thrashing. The teachers obviously had a hidden supply of canes!

The school master was lucky enough to live in the purpose built residence next door, but if he was lucky enough to have an assistant teacher, they had to find board and lodgings elsewhere.

Teacher's records are extremely detailed. The School Files are kept by New South Wales State Archives in the Kingswood repository and are available for viewing on site. They contain all the correspondence relating to the school; every letter or invoice is preserved. School teachers needed permission for almost everything they wanted to do, and their requests and subsequent replies are an insight into their lives.

One such letter was written on 10th July 1890 by Miss Jane Watkins, requesting a transfer to Jamberoo.

Her letter reads as follows *"In support of my application I desire to state that I am a third class pupil teacher and was appointed here in January last. The only place I can find to board is situated 1½ miles from school in a low-lying*

locality which is always more or less swampy; and during the last four months I have had to wade through water at times a foot deep, and I fear my health will presently suffer. I have not been able to reach school dry footed for the last four months, or home either. I have the honour to be, Sir, your obedient servant, Jane Watkins."

The School master, Mr Louis Witts added *"I fully endorse all Miss Watkins has said regarding the inconveniences of her position, nor do I see any prospects of matters improving."*

Jane's request was granted and she was replaced by Master Mark Walker.

You can search NSW State Archives website to see if a school file exists for your research area, and if you have a reader's ticket, book an appointment to view the records. Readers Tickets are available online, to be picked up on your visit with proof of I.D.

Our research library at The Old Pyree School, 888 Greenwell Point Road, Pyree, is open again with restrictions, and we hope to see all of our members returning, filled with new knowledge and renewed enthusiasm, and new members coming along to start their journey with help from our volunteers. Our Facebook page will keep you up to date with what's happening. ■

**Mombasa
massage**

Authentic East African Massage Experience

For a booking at Sanctuary Point
Phone Kiki - 0490841970 or Visit..
www.mombasamassage.net
kiki@mombasamassage.net



For all your Battery needs,
Solar Accessories & Generators
Specialists in all kinds of car batteries.

Batteries for:

- cordless and mobile phones
- video cameras ● cordless drills ● trucks
- marine ● motorbikes ● jetski & deep cycle ● Golf Buggy's.

All at very competitive prices!

Come in and meet Allan & Donna at 1/12 Browns Road South Nowra NSW 2541
"We are just around the corner from McDonalds"

Bus: 4423 3015 Mob: 0412 732 786 Fax: 4423 3025

www.activebatteriesandsolar.com.au

HUNT

REMOVALS & STORAGE

**"OUR PROUD REPUTATION
IS YOUR GUARANTEE!"**

INTERSTATE &
BACKLOAD REMOVALS

RESIDENTIAL & OFFICE RELOCATIONS
CONTAINER STORAGE & TRANSIT
INTERNAL MODULAR STORAGE
INSURANCE ARRANGEMENTS
PACKING MATERIALS AVAILABLE
PACKING SERVICES AVAILABLE
OBLIGATION FREE QUOTES



NOWRA: 02 4422 7742

JERVIS BAY: 02 4441 7744

3 TOM THUMB AVE, SOUTH NOWRA NSW 2541

www.huntremovals.com.au

info@huntremovals.com.au



**MENTION THIS ADD AND RECEIVE
10% OFF YOUR NEXT MOVE!**

Lic No.
EC31625

Electrical Contractors

Bay & Basin
Area

N.L. & C Spencer

Ph: 4443 0032

Mob: 0412 264 748



Take Away &
Local Home Delivery

Open 6 Days

Tues - Sun
4pm-8.30pm

4441 8828

Shop 6B/1 Burton Street, Vincentia



Reconnecting you to your softly spoken
friends and the punch lines in jokes.

Vincentia, Sussex Inlet and Ulladulla

To reconnect now call
4441 8886 for a free
hearing screening today.



CIAO, ITALIA!

RFBI Residents armchair travel to Italy

Residents from RFBI Basin View Masonic Village have been visiting the most incredible places around the world – without spending a cent! The Village’s Leisure and Lifestyle team have been organising armchair travel activities for their residents to experience the cuisine and culture from other countries – including Mexico, Hawaii, and many more.

Recently, residents jumped ‘on board’ a plane and flew to Italy where they were greeted with sights, sounds and smells of Italy. *“It felt so real,”* said Edwin Funk, resident of RFBI Basin View Masonic Village. *“We had such a wonderful time.”*

“Armchair travel is one of the most popular activities our Leisure and Lifestyle team runs,” commented Melinda Benson, RFBI Basin View Masonic Village General Manager. *“It gives the residents a chance to remember past experiences, share stories and for those who have never been to the location, to dream about what it might be like.”*

To find out more about RFBI Basin View Masonic Village, please call us on 02 4412 5000 or visit rfbi.com.au. ■



CRANKY SAM

The story of **Sam Poo** – Australia's only Chinese Bushranger

Continued from last month

THE TRIAL

The trial began in Bathurst Court House in October 1865, Judge Edward John Hargraves presiding. Mr Innes at the request of his Honour, defended the prisoner. Mr Butler opened the case for the State. John Cluff was called to the stand.

JOHN CLUFF

I am in the employ of James Francis Plunkett at Talbragar. I remember the day Constable Ward was shot and I had seen the prisoner in the neighbourhood that day. I was coming through the scrub and I saw him covering me with a gun. He asked me where I was going. When I told him I was going to Mr Plunkett's he said "Go on or I will give you one too", pointing to the gun on a log near him.

The gun shown to me is the gun I saw that day. I can tell by the piece of leather around the barrel. The man I saw was dressed like the prisoner. I could see his face plainly and I didn't think he was an old man.

ELIZABETH GOULDING

I live with my husband at Mr Plunkett's. On the 30th January I saw the prisoner at my place. He came and spoke to my little girl, then went away.

Soon after, he returned. I asked him why he had came back. He threatened my daughter

and myself, he had a gun just like that one with the leather around the barrel. I ran to get assistance. The prisoner is the man.

When I came back with my husband, the prisoner was gone.

JAMES FRANCIS PLUNKETT

I live at Talbragar and remember the day Ward was shot. I found him lying in the bush wounded. I remember seeing the prisoner the night before I found Ward, leaving one of my shepherd huts. Inside there was a mess on the floor, as if a flour bag had been emptied. A leather legging had been cut to pieces. The leather around the gun is the same as the legging.

I took Ward into my house, where he died at 4 o'clock in the afternoon. He said he knew he was dying and asked repeatedly "What is to become of my wife and children?" He asked me to take down a statement in writing. The statement was read as evidence.

"I, John Ward, Senior Constable, stationed at Coonabarabran, do solemnly declare, believing myself to be dangerously ill, and at the point of death, that on the third of February 1865, I met two men on the Gulgong side of Barneys Reef, who told me that a Chinaman was sticking up people. When I got on the Talbragar side, I sighted

a Chinaman, and when he saw me ran off into the bush. I chased and overtook him and ordered him to throw down his gun. He charged and shot me as I got down from my horse, then ran into the bush. To the best of my belief, the Chinaman was a short little cranky man. He had a rifle and a pistol".

ALFRED SMITH

I was driving some sheep on the evening of 3rd February, at Talbragar, when I heard the sound of firearms.

I turned around and saw a man running through the bush. He was wearing a blue shirt and darkish trousers. His appearance fits that of the prisoner. Afterwards I heard Constable Ward had been shot.

THOMAS NORRIS

I was helping Mr Smith with the sheep when a man on horseback charged through the bush. A few minutes later I heard shots fired then a man ran from the same direction. He was carrying something in his hand, which I thought was a gun. In appearance and dress he resembled the prisoner.

DR WILLIAM KING

(Coroner for the Mudgee District)

I attended Constable Ward and found one wound in his pelvis which was caused by a bullet. The shot passed from the left haunch

bone and came out of the junction of the spine and the right haunch bone.

CONSTABLE BURNS

I went out with two constables and a black tracker to scour the country. We met up with the prisoner in the bush at Cobbora. He ran into thick scrub where an exchange of shots happened, we bought him to bay and arrested him.

VERDICT

Sam Poo was sentenced to death by Judge Hargraves. He was hanged at the Bathurst goal on 19th December 1965. Poo's age was given as 35. The body was interred in Bathurst.

JOHN WARD

John Ward was born in Surrey, England and came to New South Wales 1849. He joined the Police Force in February 1858.

In 1863 he was stationed at Coonabarabran as officer in charge and later promoted to the rank of Senior Constable. His wife's name was Jane and they had 5 children, the eldest 9 and the youngest 4 months.

He was buried on James Plunkett's property, Bulliroy Station (now Birrawa Station about 300 metres from the Gulgong - Dunedoo Road near a dam near the shearing sheds)

<p>EDS PROPERTY MAINTENANCE</p>  <p>HANDYMAN & LAWN SERVICE</p> <p>ABN 66 354 081 923</p>	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> General repairs & home maintenance <input checked="" type="checkbox"/> Gutter Cleaning & Protection Solutions <input checked="" type="checkbox"/> Landscaping/Gardening/Lawns <input checked="" type="checkbox"/> Rubbish Removal/Tree Removal <input checked="" type="checkbox"/> Solar Panel Cleaning <input checked="" type="checkbox"/> Driveway Resealing <input checked="" type="checkbox"/> External House Cleaning <input checked="" type="checkbox"/> Chimney Cleaning <input checked="" type="checkbox"/> All Work Guaranteed <input checked="" type="checkbox"/> Pensioner Discounts <input checked="" type="checkbox"/> Fully Insured <input checked="" type="checkbox"/> Free quotes 	 <p>CALL US FOR SOLAR PANEL & GUTTER CLEANING</p> <p>fully insured & working from heights qualified</p> <p>0417 496 793</p>
--	--	--



BAY & BASIN COMMUNITY RESOURCES (BBCR)

“BBCR welcomes Lorraine the new Care Manager to the Home Care Package Team”

At BBCR it's about the person's experience to live an active, engaging lifestyle maintaining independence, social contacts and activities, health and wellbeing.

Our Home Care Packages (HCP) currently provide service to around 100 consumers and to accommodate this growth BBCR has added 3 new staff members to boost its already robust team.



To lead this great team Lorraine is one of our newest members, who is the HCP Manager, coming from working many years at Shoalhaven Hospital as a Registered Nurse. Lorraine has lived in the Bay and Basin area for over 25 years and loves getting to know the older people in her community.

The home care package team is dedicated to assisting people to remain living in their own homes for as long as possible, so they can continue to enjoy the beautiful surroundings and community connections in their local area.

We also welcome Carly and Debbie to the HCP team who have currently worked at BBCR as part of the Commonwealth Home Support Program (CHSP). Both staff members are now focused on supporting consumers across the Northern Illawarra and Southern Shoalhaven region. Debbie has been busy supporting our new staff members in all the processes and services BBCR offers to the community. The team also has Chantelle and Skye who are off on maternity leave currently, Jennifer who we all know as Jen is new to the area and comes from a working background supporting carers in the community. Jen covers the Jervis Bay and Nowra area and loves learning about and exploring the local areas and getting to know our consumers.

Lorraine, Carly, Jen, Debbie and Keiryn are available to discuss any questions you may have regarding the Home Care Package Program and would love to help you to understand My Aged Care processes for referral.

If you have any questions please contact the team on 4422 7422. ■



SANCTUARY POINT COMMUNITY PRIDE

Meeting Dates 2020

Tues 25th August 6.30pm – 8.30pm
 Fri 25th September 10am – 12 noon
 Tues 27th October 6.30pm – 9.30pm
 Fri 27th November 10am – 12 noon

Please note that the Annual General Meeting (AGM) will be held from 6.30–7pm on Tuesday 27th October. The monthly meeting will follow the AGM.

President: Allen Kruse 02 4408 8089

Secretary: Gwen Price 0419 492 348

PO Box 99 Sanctuary Point NSW 2540

sanctuarypointcommunitypride@gmail.com

Creative Craft Group

We meet weekly at St Georges Basin Community Centre, 21 Meriton St, StGB on Thursdays 9am-12noon

Ph Louise 0410 498 582

GREAT NEWS FOR TOMERONG MARKETS

After the lifting of Covid-19 restrictions the Tomerong Markets will reopen on **Saturday 18th July 2020**. Social distancing will need to be adhered to and there will be a few changes, but it will be good to see everyone again.

Shoalhaven Family History Society Inc.

The Old School 888 Greenwell Pt Rd,
 Pyree. Open every Sun 10am – 4pm and 1st
 & 2nd Thurs each month 10am – 4pm
www.shoalhaven.net.au/~sfhs LIKE us on 



Huskisson Woollamia Community Voice

Community Consultative Body (CCB) - SCC

PO Box 65, Huskisson 2540 – 0408 672 087

e: exec@hwcv.org.au w: www.hwcv.org.au

All meetings start at 7pm and held at the Huskisson Community Centre, Dent St.

10th Aug; 12th Oct (AGM to follow General Meeting); 9th Nov.

Shoalhaven Transition a worldwide grassroots movement, transitioning communities towards a more sustainable future. **Meets monthly 4443 7775**



We meet at Jervis Bay Baptist Church school room, behind the Church, cnr Wool Rd & St George Ave, Vincentia, on 1st and 3rd Thursdays of the month, from 9.30am to 1pm. **Phone Karen 4443 5239.**



Australian Red Cross
THE POWER OF HUMANITY

We meet every 4th Wednesday of the month 1pm at the Holy Spirit Church Hall, St George Ave, Vincentia. Become involved in our disaster relief and other activities. We also have a singing group which practises Wednesday mornings, and perform at nursing homes and day care centres and the odd bit of busking throughout the year.

Pres. Margaret Klem 4443 0434 or Elaine Ladyga – Singing Group 4441 5921.

TOMERONG SCHOOL OF ARTS

Would like to get involved with the community hall? Come and join us at our meetings held on the 2nd Monday of the month at 7.30pm at the hall.

Contact Bev 0413 144 443 or go to www.tomeronghall.com

Bay & Basin Boomerang Bags

Help us sew toward a sustainable future. Bay and Basin Boomerang Bags community meets the 1st Wednesday of the month at Huskisson Community Centre 10am – 2pm with a shared lunch. Sewing and non sewing activities to socialise over.

Contact Rae 0416 335 579 or email rroxby2@bigpond.com

WRIGHTWAY
realty | @realty

REAL ESTATE - DONE RIGHT

EXPERIENCE THE DIFFERENCE - CALL NOW



- ✓ Lower Fees
- ✓ Better Service

- ✓ Great Results
- ✓ Guaranteed!

GLENN WRIGHT
0408 120 866

E: glenn.wright@atrealty.com.au
W: www.wrightwayrealty.com.au
A: PO Box 105 Huskisson NSW 2540



Lic No 264483C

J&T DALE PLUMBING

"Your reliable local plumbers"

1300 846 264

- ALL PLUMBING MAINTENANCE
- HOT WATER SYSTEMS
- SEWER BLOCKAGES
- 24/7 EMERGENCY SERVICE
- GAS FITTING
- CCTV INSPECTION CAMERA
- HIGH PRESSURE DRAIN CLEARING
- SAME DAY SERVICE



NO CALL OUT FEE
PENSIONER DISCOUNT

**NOW SERVICING THE SHOALHAVEN FROM
TWO LOCATIONS - NOWRA & ULLADULLA**



is Changing the
Face of Aged Care



Welcome to Coastal Waters

We are now opening our Home to new residents.

As a well established aged care Home in the local community, we know the importance of keeping you safe in a friendly and supportive environment.

If you are considering aged care but unsure; we offer two weeks free respite as a trial*.

For more information or to book a personalised tour contact us on (02) 4443 0077

Coastal Waters Aged Care

100 The Wool Road
Worring Heights NSW 2540



*Conditions for free trial respite for two weeks include 'high care respite' and 'new residents who have not respite in the home before'.

Making every day the best it can be

www.allity.com.au

VINCENTIA LAUNDRETTE

Burton Street Mall

Trading Hours:

6.30am – 6pm 7 Days



Extended hours in holiday periods



4441 6346

0448 586 029

JERVISBAY
PROPERTIES



jervisbayproperties.com.au

LOOKING FOR AN AGENT
WHO WILL WORK WITH
YOU TO ACHIEVE THE BEST
POSSIBLE PRICE?

Call today for help selling, buying or
finding an investment property!



TRISH BROOME 0447 661 388

SHOP 2/13 HAWKE ST,
HUSKISSON

bh: 4441 7514
trish@jervisbayproperties.com.au



KENNEDY & COOKE

THE SOUTH COAST LAWYERS

– Experienced – Confidential – Caring –

WE CAN HELP YOU WITH ALL LEGAL MATTERS
FAMILY LAW
WILLS AND ESTATE PLANNING
COURT APPEARANCES
BUSINESS AND COMMERCIAL TRANSACTIONS
CALL FOR AN APPOINTMENT TODAY.

44 132 132

Shop 2/26
Paradise Beach Rd
Sanctuary Point

Shop 1/185
Jacobs Drive
Sussex Inlet

ARE YOU BUYING OR SELLING PROPERTY?

WE CAN HELP YOU WITH ALL ASPECTS OF CONVEYANCING.

CAN'T COME TO US? NO PROBLEM,
WE ARE MOBILE AND CAN COME TO YOU.

SOUTH COAST CONVEYANCING

A DIVISION OF KENNEDY & COOKE LAWYERS



Ph: **44 132 132**

Shop 2, 26 Paradise Beach Road, Sanctuary Point



Volunteer Drivers we need you!

Join our valued team in either Ulladulla or Nowra. Roles include bus assistants, car drivers and bus drivers. We are particularly in need of drivers with an LR Class or higher licence, and those with a C licence willing to take clients to Sydney/Wollongong for appointments. We supply uniforms, training and reimbursement for travel expenses to and from work. We encourage and support Aboriginal people and people from Culturally and Linguistically Diverse groups to apply for this position. **Call Karen in Ulladulla 4454 0840 or Peta in Nowra 4423 6044.**

**JUSTICES OF THE PEACE
Volunteer Help Desk**

We are available to help to answer your questions at The Office of the Federal Member for Gilmore, Suite 3, 59 Junction St, Nowra (around corner from PO). **For more info or to join the local J.P. Branch call Brenda 0407 065 031**



**JERVIS BAY and
DISTRICTS MEALS on
WHEELS Inc.**

We need more volunteers to help prepare meals in the kitchen and to deliver those meals to our clients in the Jervis Bay and Districts Meals on Wheels. Have you got some spare hours for: washing up, preparing vegetables, cooking meals, cooking desserts, serving up, delivering or driving. We are based in Huskisson and deliver to the local area of Bay and Basin. **Contact Eric on 0402 792 922.**



VOLUNTEERS NEEDED

Do you have a particular interest and would like to help Basin View Masonic Village? We need your help with activities such as bus trips, craft, exercise and various entertainment events. Just a few hours of your time occasionally will put a smile on the faces of our residents. **Contact Michelle or Jo on 4443 5034 during office hours.**



**CROSSROADS
RURAL FIRE BRIGADE**

next door to Leisure Centre, Vincentia
We are seeking community minded volunteers. Contact our Captain on 0413 196 667



**ST GEORGES BASIN
VIEW CLUB**

Want to meet women in the area? Make friends and have fun by coming along to the St Georges Basin View Club. We are an arm of The Smith Family helping disadvantaged Aussie kids with their education. Meeting 3rd Friday of the month for lunch - 10.30am @ The Country Club - StGB Function Room. **Ph Sue 4443 7931 or 0430 375 053.**



BECOME A MEMBER AND HELP ANIMALS IN YOUR LOCAL AREA. We are looking for passionate animal lovers to join our dedicated group of volunteers to help care for local pets in need, and assist with our various community support and desexing programs. Contact AWL NSW Shoalhaven Branch on 0429 429 885 or email awlshoalhaven@awlnew.com.au. You can also find us on



**We are looking for
Volunteer bus drivers.**

LR Drivers Licence required. One morning or afternoon per month. **Call Michelle at Basin View Masonic Village on 4443 5034**

HALL FOR HIRE

Do you need a venue for meetings, activities, classes or a special event? The **St Georges Basin Community Centre on Meriton Street** has a large hall for hire with great facilities. The hall has a big dance floor, stage, commercial kitchen, tables, chairs and air conditioning. **Contact Pam on 0435 852 960 or sgbccmc@gmail.com for more info.**

We are also looking for volunteers to help manage the Centre. If you can spare 2 hours a month we'd love to hear from you.

Call Marilyn on 0400 008 117 or Tanya on 0434 462 370.

VOLUNTEERS WANTED

The **Wandandian Progress Hall** is owned by members of the Local community. **We are looking for Volunteers to assist with the week to week general cleaning of the Hall and maintenance of the surrounding grounds.** We are fully accredited by Centrelink to offer up to 15 hours per week per person under the Mutual Obligation Requirements Scheme (colloquially know as Work for the Dole!!). The work would suit seniors, especially a couple, looking to cover their volunteer hours obligations.

For further information contact Sue Campbell on 0403 006 217.

Local Markets

Berry Country Fair 4464 1476 || 1st Sun (except Feb held 2nd Sun), || Berry Showground, Alexandra St

Clifton Community Food Gardens 0435 300 755 || 3rd Sat || 10am - 12 noon || at the garden Clifton Street, Sanctuary Point

Huskisson Markets 0409 740 704 (BH) || 2nd Sun || Huskisson Sports Ground

Jervis Bay Maritime Museum Markets 1st Sat || 3-7pm Twilight Market || Jervis Bay Maritime Museum, Dent St, Huskisson || Ph 4441 5676 || e: markets@jbmm.asn.au

Nowra Greyhound Track 4421 2332 || 4th Sun || Albatross Rd, Nowra

Milton Village Showground Markets 1st Sat PLUS Long Weekends & Easter || Milton Showgrounds, Croobyar Rd, Milton || miltonvillagemarkets@gmail.com

Pyree Village Arts & Craft Markets 4443 7312 || 4th Sun || Shoalhaven Potters Workshop, Greenwell Pt Rd, Pyree

Royal Coastal Patrol Market Ulladulla 4455 3403 || 2nd Sun || Ulladulla Harbour & Wharf, Wason St, Ulladulla

Sussex Inlet Flea Market 4441 1546 || 2nd Sat || Uniting Church Hall, Jacobs Dr, Sussex Inlet

Tomerong Village Market 0401 070 709 || email: tomerongmarket@gmail.com || 3rd Sat || School of Arts, Hawken Rd, Tomerong || www.tomeronghall.com

Rural Fire Services

We have 7 Brigades over two groups in our area.



Basin View, Crossroads, Huskisson, St Georges Basin, Sussex Inlet, Tomerong and Wandandian.

New members always welcome.

EMERGENCY CALL 000

IN AN EMERGENCY CALL 000

Fire Control

4424 4424

Basin View	Denise Fabreschi	0412 780 899
Crossroads	Captain	0413 196 667
Huskisson	Cpt Joey Revesz	0417 664 671
St Georges Basin	Cpt Michelle Thornley	0427 288 340
Sussex Inlet	Adam Harris	0409 326 660
Tomerong	Doug Schutz	4443 4600
Wandandian	Dennis Stannard	0458 200 282

What's On...What's On...What's On...What's On...What's On...What's On

Weekly Meetings

1st St Georges Basin Scout Group ■ Tasman Rd Scout Hall, SGB ■ Tue 5pm Joey Scouts; 6.30pm Cub Scouts ■ Wed 6pm Scouts ■ Mon 6.30pm Venturers ■ Paula 0400 674 525

Al Anon - Huskisson ■ Thu 10am ■ Huskisson Community Centre Dent Street, Huskisson

Basin Radio Controlled Yacht Group ■ Jetty at Island Pt Rd, SGB ■ Tue & Sat 10.30am ■ Racing starts 11am ■ Fred 4443 2070 or Kevin 0418 422 763

Bay & Basin Bombers Junior AFL Club ■ Leisure Centre, Wood Rd, Vincentia ■ Thu 4.30-5.30pm ■ Girls & Boys aged 6-17 ■ Jeff 0420 749 402 or Chris 0403 047 659
■ www.bombers.net.au

Bay & Basin Bush Potters ■ 48 Edmund St, Sanctuary Point ■ Mon 9am-2pm ■ Call in and have a look

Beginners Belly Dance Class ■ Huskisson Community Centre ■ Wed 4.30-5.30pm ■ Ph Mimi 0416 204 801

Belly Fit ■ Huskisson Community Centre ■ Tue 4.30-5.30pm ■ Ph Mimi 0416 204 801

Clifton Community Food Garden Working Bees held 3 times a week ■ Daylight Saving Hours Tue 9am-12noon ■ Fri 3-6pm ■ Sat 9am-12noon ■ Non Daylight Saving Hours Tue 9am-12noon ■ Fri 2-5pm ■ Sat 9am-12noon ■ Julianne 0435 300 755

Collingwood Reserve Park Care Group ■ meet in reserve opposite Basin View Volunteer Rural Fire Brigade Shed ■ Mon 8.30am ■ Adele 4443 6034

Dancing ■ Bomaderry RSL Club ■ Wed 7pm ■ permanent dance floor R'n'R, swing, country 2 step, rockabilly ■ Born to Boogie 0409 998 868

Falls Creek Ladies Craft ■ Fri 9.30-12pm during school term in local homes ■ Bring along what you're working on ■ Plenty of help with all sorts of craft ■ All welcome ■ Sandra 4447 8312

Friendly 500 Card Group ■ Mon 1.15-3.30pm ■ St Georges Basin Country Club ■ Derek 0421 163 576

Friendship Club ■ Husky Church Op Shop, 53 Hawke St ■ Thu 9.30-11.30am ■ All welcome.

HuskiDrumming ■ Facilitated djembe drumming circle ■ Huskisson Community Centre ■ Sat 10.30am ■ All welcome
■ e: huskidrumming@gmail.com

Huskisson Girl Guides ■ During school terms ■ Huskisson Scout/Guide Hall, Kiola St (near Bowling Club) ■ Tue 5-6.30pm Junior Guides 6-9yrs ■ Wed 4.30-6.30pm Guides & Senior Guides 10-16 yrs ■ Parents and Friends Support Group 3rd Wed ■ Liesel Turnbull 4443 6007/0402 837 777

Husky Social Carpet Bowls ■ Huskisson Community Centre ■ Mon 9am-1.30pm ■ morning tea provided bring your lunch ■ Ph 0427 275 552 or 0421 480 702

JB Walkers and Talkers ■ Meet Holden St Boat Ramp, Vincentia ■ Pram friendly walking group ■ Fri 10.30am
■ e: lanaburkey@gmail.com

Jervis Bay Bridge Club ■ Huskisson Community Centre, Dent St, Huskisson ■ Fri 9.30am ■ All Bridge players welcome Ph 4441 5122 or 4422 1381

Jervis Bay Community & Men's Shed ■ Fri 9am-12pm ■ New members welcome both men & women
■ Colin Loudon 0412 347 322

Jervis Bay & Districts Activities Group ■ Fri 9am-1pm ■ Men & Women welcome ■ Colin Loudon 0412 347 322

Jervis Bay Hi-Lo Slimmers ■ Community Ctr, 21 Meriton St, SGB ■ Wed 2.30-3.30pm ■ Judi Castle 4443 6135

Jervis Bay Paddle Group ■ weekly paddle group for kayakers
■ check  Jervis Bay Paddle Group page for schedule

Jervis Bay Physical Culture Club ■ Classes held Vincentia Primary School & StGB Community Hall ■ www.jervisbayphysie.com.au ■ e: jervisbayphysie@gmail.com ■ Jaclyn 0422 458 485 or Amie 0405 438 057

Jervis Bay Wobbeongs Winter Swimming Club ■ Huskisson Beach south end ■ Racing season Sun 8.30am between 1st May & 30th Sept each year ■ Swim & Chinwag Mon-Fri 7.30am to 8am all year long ■ The Club is affiliated with the Winter Swimming Assoc. of Aust Inc
■ John 0412 053 859 or Warren 0412 578 381

Line Dancing ■ Tue 10am-1pm SGB Community Hall, Meriton St, StGB ■ Mon 6-8.30pm Shoalhaven Heads Bowling Club ■ Wed 10am-1pm Bomaderry Community Hall
■ Thurs 6-8pm StGB Community Hall ■ Laurel 4441 6383

Mannahouse Youth ■ Fri 7pm St Georges Basin Community Centre, 21 Meriton St, StGB ■ www.mannahouseyouth.org

MSCARC Inc. (Mid South Coast Amateur Radio Club Inc.)
■ Wed from 7.30-9.30pm on air ■ New members always welcome ■ Ken 4403 0599

Nia Movement to Music ■ StGB Community Hall, Meriton St ■ Wed 9.30-10.30am; Fri 9-10am ■ All welcome
■ Kerri 0417 312 290

Nowra Healing Rooms ■ 12 Tarawara St, Bomaderry
■ Open Wed 10am-12pm, Thu 7-9pm
■ 0459 046 084 ■ No appointment necessary & no charge
■ www.healingrooms.com.au

Nowra Quilters ■ North Nowra Community Centre, 7 Hood Cl, Nth Nowra ■ Tue 9am-1pm ■ New members welcome
■ e: alex@themwarners.com

Nowra Town Band ■ 174 Kinghorne St, Nowra ■ Mon 5.30-6.30pm for Training Band & 7-9pm for senior practice
■ Private lessons available in brass and percussion ■ Hall 4422 0807 or Ross 4443 5745/0488 056 196

What's On...What's On...What's On...What's On...What's On...What's On

Raised Voices Community Choir SATB ■ Tomerong School of Arts ■ Tue 7.30pm ■ New Members welcome ■ Ph Christine 4443 7665

Sanctuary Point Chess Mate ■ Open to all players of all levels, just turn up and play ■ Tue 4-7pm ■ The Country Club StGB ■ Ph 0427 838 049

Sanctuary Point MyTime ■ A support group for parents and carers of children 0-16 years with a disability ■ Thu 9.30-11.30am during school term ■ free group ■ Ph Christine 4443 0520

Scottish Country Dancing ■ Thu 2pm-3.30pm Senior Citizens Hall, Berry St, Nowra ■ Tue 7.30-9.30pm Presbyterian Church Hall, Kinghorne St, Nowra ■ Beginners welcome ■ Heather 4441 5496

Seniors Community Dancercise Class ■ Huskisson Community Centre ■ Thu 12.30pm

Shoalhaven Concert Band ■ Junior, Concert and Stage band ■ Nowra School of Arts Annex, Berry St Nowra ■ Tue 6-9.30pm ■ Richard 0417 462 885 or see [F1](#)

Shoalhaven Ex-Servicemans Dance Club 157 Junction St, Nowra ■ Wed 7.30-10pm ■ Social dancing inc. modern ballroom, new vogue, sequence, latin, rock n roll ■ visitors welcome ■ Ph Stuart 0413 051 003

Shoalhaven Rock N Roll Group ■ SGB Country Club ■ Mon 7pm ■ John 0411 120 042 or Linda 4443 3364 ■ www.shoalhavenrockandroll.org.au

Sing Australia, Vincentia ■ Community Singing Group ■ Jervis Bay Baptist Church, The Wool Rd, Vincentia ■ Thu 7-9pm ■ New members welcome ■ Jenny 4441 7713 ■ www.singaustralia.com.au

Smith Bay Bushcare Group ■ Basin View ■ Fri for 2-3 hours ■ Fran 4443 6324

Social Scrabble ■ Thu 1-4pm Auditorium at The Country Club, StGB ■ Ph Margaret 0437 708 672 or 4441 5531 / Emily 0438 208 754 / Helene 0418 601 451

St Georges Basin Health & Com Transport Serv ■ Mon & Wed Local Health ■ Tue, Thu & Fri Nowra Area Health ■ 4423 6044 for bookings Mon-Fri 9am-12pm, 1-3pm

St Georges Basin Little Athletics ■ Sports Grounds, Larmer Ave, Sanctuary Point ■ Registration Ph Tracy 0423 846 194 or Michelle 0412 656 206

St Georges Basin Senior Citizens Club ■ Mon 9am-12 noon Art (Painting), StGB Comm. Centre, 21 Meriton St, StGB ■ Ph Margaret 4443 6031 ■ Thu from 9am Bowls-Darts-Euchre, The Country Club — St Georges Basin ■ Ph Margaret 4443 6031 ■ Alternate Fri 9am onwards Walking Group, Ph Helen 0412 215 855, Colleen 0423 233 594

St Georges Basin SES Unit ■ Tasman Rd, St Georges Basin ■ Wed 6.30pm ■

Sussex Inlet/Shoalhaven Square Dance ■ Wandandian Community Ctr, Princes H'way ■ 7-10pm ■ 4443 4436

Table Tennis ■ Scout Hall, Tasman Rd, SGB ■ Wed 2-4pm ■ Ron 4441 5723

Tennis ■ Huskisson ■ Owen St, Huskisson Casual bookings Wendy 4441 7985 ■ Adult Mixed Group Mon PM & Thu AM Ph June Grippling 4443 3065 or John Hayward 4441 6979 ■ Ladies Tue AM Ph Jan Chappelow 4441 6417 ■ Mixed Comp Wed night Ph Jenny Durante 4441 5766 ■ Coaching available Lou Durante 0428 210 893

Tennis ■ The Country Club, St Georges Basin ■ Social Mon 6-9pm & Thu 9am-1pm ■ Comps Tue or Wed 6-9pm ■ Ph 4443 0666 ■ thecountryclub.com.au/sport/tennis/

Ukulele/Guitar - Learn to Play ■ The Phoenix Group ■ The Country Club Vincentia Thu 1-3.30pm ■ No experience necessary ■ Beginners welcome from 12.30pm to practice chords & music ■ Ph Sandra 4443 2073

Vincentia Bush Care Group ■ Tue 9am - 12 noon ■ Ph 0418 460 594

Fortnightly Meetings

Bay & Basin Camera Club Vincentia Community Hall, rear Coles carpark ■ 2nd & 4th Tues 7.30-9.30pm ■ Pam 0401 043 833

Shoalhaven Masonic Widows Association Basin View Masonic Village Hall, 130 The Wool Rd ■ 2nd Mon 10am ■ 4441 0436 or 4441 1644

Wool Road Spinners & Weavers Jervis Bay Baptist Church classroom, behind church, cnr The Wool Rd & St George Ave, Vincentia ■ 1st & 3rd Thu 9.30am-1pm ■ Karen 4443 5239

St Georges Basin Senior Citizens Walking Group ■ Alternate Fridays 9am onwards, ph Helen 0412 215 855, Colleen 0423 233 594

St Peter's Bushwalking Group ■ Every 2nd Sat for easy to medium walks of around 7-10kms ■ All welcome ■ Ken 4441 5967

The Country Club Seniors Computer & Technology Club ■ The Country Club — St Georges Basin, Paradise Beach Rd, Sanct Pt ■ 2nd & 4th Mon with 2 meetings per day 9.30-11.30am & 12.30-2.30pm ■ Ph John 0404 291 540 or Warren 0458 433 170

Monthly Meetings

1st St Georges Basin Scout Group Meetings 1st Mon 6.30pm ■ Tasman Rd Scout Hall, SGB ■ Paula 0400 674 525

Amnesty International Huskisson Community Centre ■ 3rd Wed 5.45pm ■ joanne.warren24@gmail.com

Association of Independent Retirees-AIR Bomaderry Bowling Club, Meroo Rd, Bomaderry ■ 2nd Tue 10am ■ Peter Moate 4448 7788

Basin Baptist Church 165 The Wool Rd, SGB ■ 2nd Mon Ladies Craft Group 9.30am ■ Marion Atkins 4443 6088

Basin Business Forum every 2nd Tues 8-9.30am ■ e: basinbusinessforum@gmail.com or 

Basin View Daylight Lodge No.1015 (now consolidated with Lodge Milton No. 63) Milton Masonic Centre, 128 Princes Hwy, Milton ■ 2nd Mon 6pm ■ M/Ship & other enquiries Anthony Eden 4443 6473

Basin View Rural Fire Service Fire Station ■ 3rd Fri 6.30pm ■ Jan 4443 4660

Bay & Basin Boomerang Bags 1st Wed 10am-2pm ■ Huskisson Community Centre (bring plate for shared lunch) ■ sewing and non sewing activities to socialise over ■ Jude 4443 7775

Bay & Basin Brew Club ■ 2nd Fri 7pm at alternate locations ■ Matt 0413 172 757

Bay & Basin Cancer Support Group Venue Room, SGB Country Club ■ 2nd Thu 10am-12pm ■ Dianne 4443 3275

Bay & Basin Cricket Club Meetings held 2nd Tue 7pm ■ St Georges Basin Country Club ■ Ph Chris 0403 113 362

Bay & Basin Multicultural Support Group Community Centre, Meriton St, SGB ■ 1st Thu 11am-1pm ■ Zaga Tkulja 4229 2755 or Anu Mehta 4422 5933

Bay & Basin War Widows SGB Country Club ■ 4th Mon 10.30am ■ Eti Asplin 0407 299 962

Bay & Basin Writers Group ■ The Country Club - Vincentia, 49 Murray St, Vincentia ■ 1st Wed 1-4pm ■ All Welcome ■ Bring pen and paper or your electronic device ■ Pat Lucock 0405 325 235

Bloomers & Buds Social Gardening Group Inc. Community Centre, Dent St, Huskisson ■ Last Wed 9.30am ■ Ph 0458 830 420

Clifton Community Food Garden 2nd Wed at 'The Hut' in the garden ■ 4.30pm ■ All members welcome ■ Ph Julianne 0435 300 755

Country Labor – Jervis Bay/SGB Branch 4th Wed 7pm ■ Vincentia Public Hall ■ Deb Shapira Secretary 0409 021 714 or email deborah.shapira@bigpond.com

Crossroads Rural Fire Brigade Fire Station, The Wool Rd, Vincentia ■ 1st Tue 6.30pm ■ Cpt. 0413 196 667

CWA of NSW Jervis Bay Evening Branch Vincentia Golf Club, Murray St ■ 2nd Tue 6pm dinner, 7pm meeting ■ Pres. Lois Friend 0420 683 971 ■ e: jervisbaycwa@gmail.com

Garden Club of Jervis Bay & District Inc. Community Centre, Meriton St, SGB ■ 4th Thurs 2pm ■ Shirley Gatti 4441 7421 or 0410 519 839 e: waratahsatjbd@gmail.com

Honey Beez Gardeners Group 3rd Tues 11.30am ■ Vincentia Community Hall (behind Coles carpark) ■ Lauren 4443 5946

Huskisson Laurel Club of Legacy 2nd Tues 11.30am ■ Lunch at Huskisson RSL Club then meeting ■ All War Widows welcome ■ Eti Asplin 0407 299 962

Huskisson RSL Sub Branch 2nd Thurs 7.30pm ■ Sec Don Handley 4443 6421

Huskisson Rural Fire Service 2nd Tue 7pm ■ Joey Revesz 0417 664 671

Jervis Bay & Basin CWA Huskisson Community Centre, Dent St ■ 3rd Tue 10.30am ■ Every other Tue 10am call in for cuppa & chat ■ Visitors welcome ■ Pres. Jann Kalff 4441 8437 or 0427 962 119 or email cwajervisbayandbasin@gmail.com

Jervis Bay & Districts Combined Probus Club Inc. SGB Country Club, Function Room ■ 4th Thu 10am-12pm ■ Pres. Eddie 0413 838 992; Sec. Sylvia Browne 4441 7969

Jervis Bay Divers Club Club Husky, 336 Huskisson Rd, Huskisson ■ Last Wed 7pm ■ 4441 6232

Jervis Bay Lions Club Vincentia Golf Club ■ 2nd Wed 6.30pm for 7pm start ■ Pres. Jeff Thomas 0417 772 262; Sec. Debbie Stewart 0406 378 205

Jervis Bay Probus Club Inc. Vincentia Golf Club ■ 3rd Mon 10am ■ Ian Collins 0424 292 625

Jervis Bay Triathlon Club Inc. Usually Iluka, Booderee National Park ■ Group Training Day 3rd Sun 8am ■ All welcome including juniors ■ Pres. Tony Lim 0411 052 746 ■ admin@jervisbaytriathlonclub.org

Justice of the Peace Assoc NSW Shoalhaven Branch Bomaderry Bowling Club, Meroo St ■ 1st Mon 1pm ■ Visitors most welcome ■ Brenda 0407 065 031

What's On...What's On...What's On...What's On...What's On...What's On

Marine Rescue Jervis Bay - VMR 209 Huskisson Basin, Voyager Park, Currumbene St, Huskisson ■ 3rd Mon 7pm ■ www.marinerescuejervisbay.org.au/ ■ 4441 5433

National Servicemen's Assoc., Shoalhaven Sub-Branch Rotating meetings on 4th Sun ■ Ulladulla Ex-Servos Club 0930 for 1000hrs start ■ Nowra Ex-Servos Club 0930 for 1000hrs start ■ Sussex Inlet RSL Club 1000 for 1030hrs start ■ Jim Reid 4421 2886

Nowra & Districts Totally & Permanently Incapacitated (TPI) Social Welfare Club 3rd Tue 11am ■ Nowra Ex-Servos Club Function Room ■ Jack 4443 3448/0402 584 041 or Leanne 4443 4038

Nowra Legacy Group 66 Bridge Rd, Nowra ■ 1st Mon (except January) 10am ■ 4423 1795 or 0409 981 663

NSW Transport Authorities Retired Employees Assoc Nowra Bowling Club, cnr Osbourne & Junction St ■ 2nd Thu 10am for 10.30am start ■ Pres. Bob 4421 5265 or Sec Aileen 4421 6660

Sanctuary Point Mens Shed 17 Clifton St, Sanct Pt ■ 1st Thu 10.30am ■ All members welcome ■ Open Mon-Fri 9am-3pm ■ Any blokes that want to get out of the house for a while drop in for a cuppa and a chat ■ John 0413 837 538

Shoalhaven Avicultural Society 2nd Tue 7.30pm ■ PCYC Hall Park Rd Nowra ■ 4423 4475

Shoalhaven Beekeepers Ass, Inc. West Street Community Centre, West St, Nowra ■ 3rd Wed (ex. Dec 2nd Wed) 5.30pm for cuppa, meeting 6pm sharp, guest speakers most months ■ e: shoalhavenbeekeepers@gmail.com or [fi](#)

Shoalhaven Caravan Club bi monthly 11am ■ Bomaderry Bowling Club followed by lunch ■ Beryl 0407 069 375 or Kathy 0427 874 201

Shoalhaven Ex-Servicemens Dance Club 2nd Sat 7.30-11pm ■ Shoal ExServicemens Club 157 Junction St, Nowra ■ social dance incl. modern ballroom, new vogue and sequence, latin, rock n roll ■ visitors welcome light supper ■ Ph Stuart 0413 051 003

Shoalhaven Blood Cancer Support & Information Group 2nd Mon 10am-12 noon ■ Bomaderry Bowling Club, Meroo Rd, Bomaderry ■ Support and resources for blood cancer patients and carers ■ Ph 4443 2105

Shoalhaven Orchid Society 3rd Mon (except Jan) 7pm ■ Bomaderry Community Centre, 17-19 Birriley St, Bomaderry ■ Visitors welcome ■ 0419 241 177

Shoalhaven Philatelic Society 2nd Mon 7pm ■ Nowra Bowling Club, Osborne St, Nowra ■ John 4421 4624

Shoalhaven Prostate Cancer Support Group 4th Thu 10am-12pm ■ Bomaderry Bowling Club ■ Leigh Bowman 0413 131 781 ■ email: cpkennedy80@gmail.com

Shoalhaven Scout Fellowship 3rd Sun ■ David Ravell 4441 8659

Shoalhaven Parkinsons Support Group Nowra (Shoal. Shakers) 1st Wed 10am-12pm ■ Masonic Hall, Moss St, Nowra ■ Betty Coulton 4442 1475

Shoalhaven Transition 1st Tue ■ Jude Deane 4443 7775 or shoalhaventransition@yahoo.com.au

St Georges Basin Probus Club Inc. (Mixed) SGB Country Club, Function Room ■ 3rd Thu 10am-12pm ■ Sec. Robyn Dalleywater 4408 8084

St Georges Basin Rural Fire Brigade Fire Station, The Wool Rd, SGB ■ 3rd Mon 7.30pm ■ Cpt Michelle 0427 288 340

St Georges Basin VIEW Club Luncheon SGB Country Club, Function Room ■ 3rd Fri 10.30am for 11.30am start ■ Sue 4443 7931 or 0430 375 053

Sussex Inlet Cancer Support Group 2nd Fri 10am ■ Sussex Inlet Neighbourhood Centre ■ Betty Webb 4441 3552 or Robin Lang 4441 0155

The Country Club, St Georges Basin Fishing Club The Country Club, StGB ■ 4th Sun 2pm (ex Christmas) ■ Erhard 4443 8024

Tomerong School of Arts 2nd Mon 1930hrs ■ Tomerong School of Arts Hall ■ www.tomeronghall.com ■ New members welcome

Vietnam Veterans Assoc - Jervis Bay Sub Branch Club Jervis Bay ■ 3rd Thu 5.30pm ■ Barbara Herbert 0437 144 345 ■ e: vvaajervisbay@gmail.com

Vincentia Red Cross Holy Spirit Church Hall, St George Ave, Vincentia ■ 4th Wed (except Jan) 1pm ■ Enquiries Margaret Klem 4443 0434

Wandandian Progress Association 1st Tue 6pm ■ Progress Hall

Wildlife Rescue South Coast (formerly Native Animal Network Assoc — NANA) ■ Nowra Library Meeting Rooms, 10 Berry St, Nowra ■ 2nd Wed 7pm ■ 0418 427 214

What's On...What's On...What's On...What's On...What's On...What's On

Weekly Church Services

Anglican Church -

Sanctuary Point ■ 48 Paradise Beach Rd (next to library)

■ Sun 8.30am Traditional Service held every Sunday ■

Vincentia ■ Vincentia Primary School, George Caley Place, Vincentia ■ Sun 10am Modern Family Service with kids and youth programs ■ Minister Ray Goldman 4441 5755

Basin Baptist Church ■ 165 The Wool Rd, SGB ■ Sun Morning Service & Junior Kids 9.30am

Bay & Basin Uniting Church ■ Meriton St, SGB ■ Sun 9.30am Family Worship w/Jnr Church
■ Huskisson Church Ctr Thu 9.30-11.30am Coffee & Chat
■ Rev Glenys Biddle 4443 0864

C3 Church Jervis Bay ■ 20 Birriga Av, Worroving Hts ■ Sun 9.30am Family Service ■ Every morning except Sun 5.30am Prayer Meeting ■ Office 4441 8738 ■ web: c3churchjervisbay.com.au

Catholic Church – Holy Spirit ■ St Georges Ave, Vincentia ■ Mass times: Sun 9.30am ■ Mon Thu Fri 8am ■ 5.30pm Tue Wed ■ Vigil Sat 6pm ■ 4441 5571

Jervis Bay Baptist Church ■ Cnr The Wool Rd & St George Av, Vincentia ■ Sun 9.30am Morning Service

Seventh-day Adventist Church ■ 169 McKay St, Nowra ■ Sat 9.30am Bible Study, 11am Worship Service ■ Future planning for possible Bay and Basin Contemporary Service ■ Pastor Petrovic 0402 716 762

Monthly Church Services

Spiritualist Meeting ■ Scout Hall, 39 Tasman Rd, StGB ■ 2nd Sun ■ 2pm ■ Ph 4443 0628

Other Activities

Australian Breastfeeding Association,

Shoalhaven Group ■ 24 hour Breastfeeding Helpline 1800 686 268 for information about local Mum-to-Mum get togethers ■ www.breastfeeding.asn.au

Bay & Basin Branch of the Liberal Party ■ Meets Quarterly ■ 7pm ■ Venue SGB Country Club

Bay & Basin Uniting Church Huskisson ■ OP SHOP at Huskisson Church Centre ■ 53 Hawke Street, Huskisson ■ Mon-Fri 9am-4pm, Sat 9am-12.30pm ■ 4441 7495

Other Activities cont'd

BBCR Great Mates Shed ■ 18 Sanctuary Pt Rd, Sanctuary Point ■ Mon-Wed-Thurs-Fri 9am-3.30pm (closed Tue) ■ 4443 7681

Community Cottage ■ 48 Edmund St, Sanctuary Pt ■ 0409 051 244 or 0412 645 710 ■ Mon Pottery 9am-2pm ■ Tue & Thu Body/Soul Fitness 8-9am ■ Tue Studio 19 Dance 3.30-8.30pm ■ Tue & Wed Daly Moves Exercise 9.30-10.30am ■ Fri Mannerhouse Outreach Childrens Group 4-5pm

Shareostomates, Shoalhaven Area Ostomates Support Group ■ Nowra Community Health Centre, 5-7 Lawrence Av, Nowra ■ Contact Brenda Christiansen on 0422 006 550 or 4424 6321 for group times and dates ■ *Improving lives through shared experiences*

Tomerong School of Arts ■ Mon Pilates 1800hrs-1900hrs ■ Tue Tai Kwon Do 1730hrs-1900hrs ■ Tue Raised Voices 1900hrs-2100hrs ■ Thu Arts & Crafts (crafty people) 1000hrs-1200hrs ■ Thu Tai Kwon Do 1730hrs-1900hrs ■ Sat Markets (3rd Sat) 0800hrs-1300hrs ■ Ph Pawel 0401 070 709 or email tomeronghall@gmail.com ■ Further info www.tomeronghall.com

Youth & Community Centre ■ 34 Paradise Beach Rd, Sanctuary Pt ■ 4443 9244 ■ Operating Hrs Mon-Fri 9-4pm offering a range of social & recreational activities

Community Forums

Basin Villages Forum ■ 3rd Mon 7.30pm ■ Meriton St Community Centre, SGB ■ Christine 4443 7665

Huskisson & Woollamia Comm. Voice ■ bi monthly 2nd Mon 7pm (Feb-Nov) ■ Huskisson Community Centre, Cnr Tomerong & Dent St, Huskisson ■ www.hwcv.org.au ■ exec@hwcv.org.au

Sanctuary Point Community Pride ■ Innovations Centre at The Country Club, St Georges Basin ■ Paul 0417 219 260 or Veronica 0427 249 457 ■ e: sanctuarypointcommunitypride@gmail.com

Tomerong Community Forum ■ 2nd Mon 2030hrs directly after the School of Arts meeting ■ Tomerong School of Arts Hall ■ New members welcome

Vincentia Ratepayers & Residents Association

Vincentia Community Hall (Coles carpark) ■ 3rd Thu of every 2nd month (Feb, Apr, Jun, Aug, Oct, Dec) 7.15pm coffe/tea/biscuit 7.30pm start ■ www.vrra.org.au ■ vrra.ccb@gmail.com ■ Secretary 0438 856 568 ■ vrra.ccb

What's On...What's On...What's On

Playgroups

Binji and Boori Playgroup a playgroup for Koori kids
 ■ Mon 10-11.30am ■ Sanctuary Point Connect ■ Ph Jasmin
 4423 9900

Sanctuary Point Sing & Play ■ Tues 9.30-11.30am at
 Sanctuary Point Connect ■ A free supported playgroup with
 music, craft and more ■ Christine 4443 5020
 ■ www.sanctuarypointconnect.org

Splash Group - Art in the Park ■ Mon 9.30-11am ■ Paradise
 Beach Reserve ■ Renee 4424 7100 or 0423 606 559

Baby Playgroup - for babies 6 wks to 2 yrs ■ Thu 1-2.30pm
 at Sanctuary Point Connect ■ Ph Christine 4443 0520
 ■ www.sanctuarypointconnect.org

Little Steps - a playgroup for children not attending
 childcare ■ Run by Noah's Inclusion Services at Sanctuary
 Point Connect ■ Ph Nicki 0402 615 826

St. Georges Basin Wed 9.30am ■ Cnr Tasman Rd & Terry
 St, SGB ■ Melissa Horselman 0424 218 547 or find us on facebook

Tomerong Miss Carrie Cooper ■ Mon 10am ■ Hawken St,
 Tomerong ■ carlie@clegnet.com or 0411 838 206

Trinity Tots Playtime Wed 10am-12 noon ■ Jervis Bay
 Anglican Church, Hawke St Huskisson ■ craft, play, music
 and more ■ Louise 4441 5755

Venues for Hire

Bay & Basin Uniting Church Meriton St, StGB
 ■ 4443 2642

Community Arts Cottage 48 Edmund St, Sanctuary
 Point ■ 0409 051 244 or 0412 645 710

Huskisson Community Centre Dent St, Huskisson ■
 Ph 0487 469 032 1pm to 4pm - Monday to Friday

Huskisson Scout & Guide Hall Kiola St, Huskisson ■
 Valda Heggie 4443 8463 or 0408 481 947

Jervis Bay Maritime Museum Classrooms Dent St,
 Huskisson

Sanctuary Point Youth & Community Centre
 34 Paradise Beach Rd, Sanctuary Point ■ Ph: 4443 9244

St Georges Basin Community Centre 21 Meriton St,
 St Georges Basin ■ Ph: 0435 852 960

St Georges Basin Scout Hall Tasman Rd Scout Hall,
 St Georges Basin ■ Tammie 0472 658 505

Local Services...Local Services...

Venues for Hire cont'd

Tomerong School of Arts 358 Hawken Rd, Tomerong
 ■ (from \$15p.h. for regular bookings; \$25p.h. for casual
 bookings) ■ Ph Christine Power 0414 256 572 or email
 tomeronghall@gmail.com ■ www.tomeronghall.com

Vincentia Community Centre rear of Bilo carpark,
 Wool Rd, Vincentia ■ 4429 3463

Wandandian Progress Association Hall D2683
 Princes Hwy, Wandandian ■ www.wandandian.org.au
 ■ Booking Officer Anne Simpson 4443 5410

Update Your Listing

**Are Your ...What's On... Details Incorrect or
 Out of Date?** email your updated info to "What's On" at
 editor@aboutbayandbasin.org

Justices of the Peace

BASIN VIEW

Costello, Brian	4443 6831	0418 230 122
Fleming, Barry	4443 6948	
Gray, Frank	4443 5365	

HUSKISSON

Kelson, Garry		0458 002 874
Parnell, Keith		0407 051 154
Todd, Kathy	4441 7000	

OLD EROWAL BAY

Lord, Simone	4443 8300	
--------------	-----------	--

SANCTUARY POINT

Askew, Matthew		0422 068 209
Cassar, Lawrence (Joe)	4443 8805	
Flynn, Mark		0418 669 688
Hawkins, Paul	4443 8800	0417 219 260
Job, Warren		0427 681 312
Murray, Narelle	4443 2746	0417 651 658
Swattridge, Ronald Jessi	4443 9829	
Woods, Greg	4443 3208	0409 457 523

ST GEORGES BASIN

Askew, Ross		0428 434 657
Bos, Warren Pieter		0412 578 381
Creighton, Sandra	0411 245 188	
Thomas, Jeff		0417 772 262

VINCENTIA

Casmiri, Luciano (Lou)		0438 856 568
------------------------	--	--------------

KOKODA

Contributed by John Blackmore

This month marks the 75th anniversary of the end of the Second World War in the Pacific. Otherwise known as VP Day, this commemoration has the activities which took place on the Kokoda Track as a key component of these events. In view of this, this month's **About.....®** Monthly Feature is going to focus on one local couple who walked the Kokoda Track in the 1990s.

In July 2007, at a gathering in the staff room at Sanctuary Point Public School, four members of staff were being farewelled at the same time. Jan Woods was one of these. She had worked as the school's administration manager for several years, and was retiring from work at the end of term two that year.

After the principal of the school had spoken about Jan to the staff, her husband Greg asked to say a few words. Greg Woods had only recently retired as a school principal, at Gunnedah South Public School in the northern half of NSW. What he had to say in the next few minutes was somewhat of a jaw-dropping moment to many of the dozens of colleagues who had gathered. Greg spoke about how his wife Jan had been one of the first females to walk the Kokoda Track.

Walking the Kokoda Track in the two decades or so since Jan and Greg completed the trek in 1997 has become popularised. Companies designated specifically for that purpose now take many more than the hundred or so people a year who did the nine day trek back then. For over half a century since the campaigns fought along the track in World War II, Kokoda had remained a place which was not for the faint hearted to venture to. Its reputation as one of the most significant battlegrounds for Australian military forces in WWII was not only due to the intensity of the fighting, but the environment in which it was fought. Jungle warfare was a new experience for Australian military forces in 1942. Even as a walking trail today, Kokoda's reputation is only

enhanced by its level of difficulty relative to some of the other most well known walks around the world.

The Papuan peninsula was a territory governed by Australia prior to WWII, with the battles fought there in 1942 being a last ditch effort to prevent Japanese military forces isolating the main population centre of Port Moresby. In February of that year, the major bombing campaign on Darwin by Japanese air force planes had made the Australian mainland vulnerable to invasion. The major battles fought along the Kokoda Track between July and December of that year were seen as essential in preventing the Australian mainland itself from being attacked again, and invaded.

Kokoda's location in the centre of the rugged Owen Stanley Ranges meant that the fighting which Australian military forces undertook there during the second half of 1942 was done so in the most mountainous of all jungle terrain. The full track was less than a hundred kilometres long, with a highest peak of just under two and a half thousand metres. This is several hundred metres higher than the highest peak on the Australian mainland. Isolated without any roads, and only its airstrip and another airstrip at the government outpost of Buna on the coastal section of the peninsula opposite to Port Moresby, the village of Kokoda was strategically important to a land corridor that needed to be defended at all costs for the overall war effort.

In their trekking party in the middle of 1997, Greg and Jan Woods were part of a group of thirteen expeditioners. The others came from the ACT, Victoria, South Australia and Western Australia. Included in those who accompanied them were a doctor, a physiotherapist and two nurses. They had porters to carry the tents they stayed in at night at campsites, as well the food, cooking implements and other supplies. Greg and Jan had

both trained hard for months at a fitness centre in Gunnedah where they lived at the time, and had been experienced bushwalkers in places around Australia like the Warrumbungles, the Flinders Ranges, Central Australia and the NSW south coast.

Part of their motivation to undertake this arduous encounter was that Greg and Jan both had family members who had fought on the Kokoda Track in 1942 to defend Australia. Greg had read a book written in 1958 called RETREAT FROM KOKODA as preparation for leaving on the trek. From doing this, he realised and respected the fact that what every soldier did in 1942 was several scales up in degree of difficulty to his years of military experience on National Service. Speaking about the young men on the Kokoda Track in an article (12.06.1997) written for the Namoi Valley Independent newspaper, Greg described how *“our soldiers were out-numbered, out-gunned and out-trained compared with the Japanese forces, yet with tremendous assistance from the Fuzzy Wuzzy Angels, we managed to stop the Japanese capturing Port Moresby”*.

The A Grade hiking rating of the Kokoda Track certainly lived up to their expectations, and more. In the same newspaper on their return, Jan was quoted in another feature article (22.07.1997) about their venture in Papua New Guinea. In this she said that *“there are some things you just can't train for – the steep downhill jumps, slippery tree roots, having to climb over large fallen logs, and wading through muddy, swampy sections. And that's not forgetting the leeches and the mosquitoes”*. Because it is still a jungle with conditions similar to those that the soldiers fought in during WWII, the days could be unbearably hot and humid, the rain heavy, yet nights could be extremely cold.

There were numerous other highlights during the experience of a lifetime for this couple who have now been retired and based in Sanctuary Point for over a decade. They met Fuzzy Wuzzy Angels on two occasions, with the local New Guineans only too keen to recall to them *“how they carried injured Australian soldiers through the jungle during the war”*. In the village of Menari, they visited a school which had begun

only the year before, having been set up by the Seventh Day Adventist Church. At Kokoda itself, the expeditioners visited the local war memorials, the hospital and a museum. The latter two of these had been opened by Australian Prime Minister Paul Keating in 1995.

At Isurava, which was the scene of some of the heaviest fighting between Australian and Japanese soldiers in WWII, one of their porters found a Bren gun magazine. He quickly threw it off in to the jungle. When walking near Myola, Greg Woods had a surprise of his own, as he *“uncovered some unexploded ammunition, hand grenades and mortars”*.

Upon returning to Port Moresby following their nine day trek, Greg and Jan attended Bomana War Cemetery. Greg's uncle is buried here alongside 4,000 other Australians. During this visit, they observed a memorial for soldiers who had been killed in battle, but whose bodies were not able to be recovered. In this war cemetery, many of the graves were unmarked, with a high percentage of the soldiers in those graves young men, some barely out of their teens.

After this emotional experience, the Woods' spent four days at a resort at Mount Hagen. Here they met a man named Joe Leahy. His father had been somewhat of a pioneer in the 1930s for white men in the Highlands region. Joe himself had been featured in documentaries on the subject, and in 1997 took Jan and Greg on a four hour walk to his coffee plantation. But they were surprised here to find two clans fighting, a situation which Joe was able to quell somewhat before mediators from their separate villages tried to resolve the dispute.

The surprises about Kokoda have continued for Greg and Jan Woods. In the years since 1997 they have discovered that Greg's father Allan also fought on the Papuan Peninsula in the Second World War. He was a member of D Company 55th Battalion who encountered the Japanese forces at Uberi on the Kokoda Track.

In fact, the family tradition of military service stems back to the First World War. On the Nowra Showground Memorial Gates, Greg's grandfather Clarence is one of a handful of Woods family members listed there. He was wounded at Gallipoli in 1915. ■

Shoalhaven Libraries Sanctuary Point



Paradise Beach Road Sanctuary Point, Monday – Friday 10.00am – 5.30pm Saturday 9.30am – 12.00pm
 Phone 4406 2076 Email sanctuarypointlibrary@shoalhaven.nsw.gov.au
<http://www.shoalhavenlibraries.com.au/Our-Libraries/Sanctuary-Point>



August usually means Book Week at our libraries but this year, Book Week has been postponed due to the impact of COVID-19 and will now run from 17th October to the 23rd October.

The theme will still be 'Curious Creatures, Wild Minds' and we already have competitions ready for you to print at home, so you have plenty of time to work on them for a chance to win a fantastic prize!

To access the competitions, go to <https://www.shoalhavenlibraries.com.au/bookweek2020>.

Entries must be emailed or direct messaged to library@shoalhaven.nsw.gov.au or Shoalhaven Libraries on Facebook by 5pm Friday 9th October. **Please do not post or hand in your submission to library branches.** You may scan or photograph your entry to submit it.

(Please let us know if you have any issues accessing or printing the competitions, and we will see how we can help!)

Did you know that Sanctuary Point Library recently won the international Moonhack competition? The library ran an online coding tutorial for a 'Save the trees' game, winning \$3,000 in tech for Coding Club! When regular programming recommences, coders will now be able to tinker and invent with Ozobots, Makey Makeys and Micro:bits!



Our winning entry can be found in the Library Coding Club @ Home Scratch Studio <https://scratch.mit.edu/studios/26335476/>.

You can also remix our projects in the studio or add your own projects if you have a Scratch account.

The library is currently in Stage 2 of re-opening and can now offer printing, scanning and computer facilities. Some restrictions apply and bookings are essential. Call 4406 2076 to book. ■



5 COST-EFFECTIVE THINGS YOU CAN DO THIS WINTER

Sourced from energy.com.au

1 Keep the heat you've paid for inside your home. Draught-proofing is one of the cheapest and easiest ways to keep your home warm and comfy. Doing it well can save you up to 25% on your heating bills.

Swing by the hardware store and pick up supplies like brush-strip seals for the bottom of the doors, draught-proofing strips and even some of grandma's old-fashioned door snakes (just remember to train others living with you to put the snake back in place after coming inside).

Don't forget to block the gaps around internal doors too. If you have rooms you're not heating, such as laundries and bathrooms, draught-proof these so that when you close off areas you don't need to heat, there's no warm air leakage.

2 Windows of opportunity. Windows can let as much as 40% of your winter warmth leak out of your home but there are ways to improve window efficiency.

Investing in new warmth-saving curtains and blinds can make a surprising difference to your home's warmth. Look for fabrics that insulate well, or curtains with thermal lining or layers. Choose the best quality you can afford to give you the best thermal results.

Fitted pelmets (curtain boxes) above curtains are also important in reducing heat loss. If pelmets don't fit with your interior design, choose window fittings such as blinds that attach to the wall and trap air, or install curtains that reach from the ceiling to the floor. For a simple DIY and low cost option, try fitting a strip of light timber across the curtain rail above the curtain to stop warm air you've paid to heat from leaking away.

Installing an additional layer of glazing on windows and skylights is another option to increase energy efficiency. This traps a layer of air and helps keep the winter chills at bay. Glazing also helps reduce outside noise. Double-glazed windows can be

very expensive to retrofit but there are cheaper commercial alternatives and secondary glazing products that have a thin plastic coating which you can fit over windows at a low cost. Check out what's available in your hardware store and on the internet.

3 Set your thermostat. You can save money by having a programmable thermostat and keeping the internal temperature set to between 18 and 20°C.

It's nice to feel warm at home when it's cold outside, but remember that every degree lower on your setting can save up to 10% on your energy use. Make sure that the timer is set to warm your house for times you'll need it, turning it off overnight and when you are away from home.

4 Install a water-efficient shower head. Hot water accounts for a large chunk of your power bill. It might not seem like much but installing a water-efficient shower head is one of the most cost-effective ways you can save energy on heating water and water use. A water-efficient shower head is simple to install and will pay for itself in a very short time. Best of all you can still enjoy a great shower.

5 Insulate your roof. If you haven't already insulated your roof, now is the time to think about having insulation installed. Not only will it make your home a lot more comfortable to live in, you can also make some dramatic savings on your heating costs. Up to 45% of the energy we use to heat our homes in winter can simply leak out through ceilings and roofs.

Start by doing some research about insulation and installation options. Then talk to an expert to find out what's best for your home, climate and individual circumstances. It's important to have insulation installed safely according to Australian standards by industry professionals. ■

PARADISE PAINTING SERVICE



- DOMESTIC AND COMMERCIAL PAINTING
- ALL WORK GUARANTEED
- OBLIGATION FREE QUOTES
- PENSIONER DISCOUNT

Call Glenn **0428 173 796**
A/H: 02 4456 4769

Michael Sinclair

A.B.N. 12 142 024 884 ~ Lic No: L3230

Complete Plumbing & Draining Service

- High Pressure Drain Cleaning
- CCTV & Leak Detection Services
- Driveways Cleaned

Ph/Fax: (02) 4443 8597

Mob: 0418 411 911

1 Waratah Crescent, Sanctuary Point



New Zumba Gold

The class that's designed for seniors

Have fun while getting active, improving balance and looking after your health!

I am a qualified Personal Trainer, specialising in aging - you can be confident you are in good hands.

NOW IS THE TIME TO FEEL GOOD!

Try it for FREE contact **Jaye 0401 200 720**
<http://www.jayecartwright.zumba.com>



OFFSET & DIGITAL FULL COLOUR PRINTING

Business Cards | Envelopes | Letterheads | Flyers
Invoice Books | Magazines | Newsletters | Menus
Annual Reports | Short Stories | Autobiographies

4443 0014

15 Nirimba Ave, Sanctuary Point NSW 2540

e: spprint@shoalhaven.net.au

w: www.sanctuarypointprinting.com.au



© Escape Imagery 2012

SPRING FAIR NEWS

After much consideration Sanctuary Point Community Pride Inc will not to hold their Spring into Sanctuary Point Fair in 2020.

Over 1000 people attended the 2019 fair and in view of COVID-19 it was decided to postpone the event.

Last year's raffle proceeds and a grant from Veolia Mulwaree Trust enabled Sanctuary Point Community Pride Inc to erect an all abilities swing at Clifton Park.

The Official Opening was postponed due to Corona regulations and it is anticipated that the event will be held in October.

Now that The Country Club is able to allow community meetings, Pride's monthly meetings will resume. For more information email us at sanctuarypointcommunitypride@gmail.com or via our  page.



"ON THE BEAT" Good Advice.....

If you are reading this column, it means that you are alive. And that is the only qualification needed to read "On the Beat". So put your phone on silent and start reading this months riveting episode. This episode has more crime fighting information contained on one page than all the info in Wiki leaks and the National Library combined.

Hand's up if you have a Motorised Mobility Scooter, now keep your hand up if you travel over 10kph in it. If you do, then my advice is, "slow down Jack Brabham". I have recently seen a few scooters attempting warp speed however 10kph is your limit. The NSW Centre for Road Safety say's *a motorised wheelchair in NSW must not have the capacity to travel faster than 10km/h.*

As a user, you must:

- never exceed 10 km/h
- have a reasonable need to use a wheelchair because of physical disability or limited mobility
- obey all pedestrian road rules
- not cause a traffic hazard by moving into the path of a driver
- not unreasonably obstruct the path of another driver or pedestrian
- not be affected by alcohol or drugs when travelling on a road or road-related area such as a footpath.

Be careful when you are crossing the road and it might be a good idea to get one of those flags on the poles so people can see you. Apart from that have fun and get out and about and enjoy the Shoalhaven.

TRAFFIC LIGHTS: There are three colors on a traffic light. **Red, Amber and Green.** Green means go, Red means stop and from what I have seen lately Amber means *"lets speed up and get through the intersection before it turns Red"*. However, when the Amber light comes on, you are to slow down and stop in anticipation for the Red light to come on. You are only able to go through an Amber light if it is unsafe for you to stop because sudden braking might cause a crash.

**Dob in a Dealer any time to
Crime Stoppers 1800 333 000.**

**Do Not Drink and Drive – Emergency call 000
Non Emergency Police Assistance Line 131 444**

**Provide anonymous info call
Crime Stoppers 1800 333 000**

**Domestic/Family Violence Info visit
www.police.nsw.gov.au**

**Shoalhaven Domestic Violence 4421 9666 /
4421 9665 or email shoaldvlo@police.nsw.gov.au**

DON'T FORGET. COPS ARE TOPS.



- Full Range of locally grown flowering ornamentals, screening, local species & bush food plants
- Tubestock to advanced plants
- Wholesale prices – All welcome
- Eftpos Available

0488 332 562 – 4443 4029 (Ph/Fax)
email: wwirra@bigpond.net.au
web: wirinwirra.com

Located on the cnr of Hill Street and Evelyn Road, Tomerong



YOUR CATARACT QUESTIONS ANSWERED

by Anna Richter – EyeQ Optometrists Vincentia 4443 9979

WHAT ARE CATARACTS?

When the normally clear lens inside your eye becomes cloudy, this is known as a cataract. In other words a cataract is not a growth or a film it is similar to a piece of plastic deteriorating when left in the sun.

Having a cataract is like looking through a dirty window. They range from very small to large cataracts that can cause vision loss.

WHAT CAUSES CATARACTS?

Most cataracts are a normal change due to advancing age but they can be caused by eye injuries, toxic chemicals or diseases like diabetes.

Smoking, sun damage and exposure to ultraviolet lights are also risk factors that contribute to the development of cataracts.

WHO GETS CATARACTS?

While most cataracts are found in people over the age of 50 years, cataracts can occur in those younger than 50.

Can you prevent or slow cataracts? Yes proper sunglasses that block ultraviolet light can slow or prevent cataract development. This is particularly important if you work out doors or if you have an outdoor lifestyle. LED computer screens also emit ultraviolet light.

Computer users should have a ultra violet light blocking coating on their spectacles as cataracts often progress slowly, you may not know you have a cataract or whether your cataract is making your vision worse.

The best way to monitor your cataract is

with a regular eye examination with your optometrist who will help you to maximise your vision, make sure your vision is safe for driving and talk to you about the right time for surgery to have the cataract removed.

HOW WILL I KNOW IF I HAVE CATARACTS?

In their early stages, cataracts may develop in one eye before the other, without pain and with little effect on your vision.

Signs of advancing cataracts include blurred vision, sensitivity to light especially at night, and a feeling of looking through a film.

HOW DOES AN OPTOMETRIST DIAGNOSE CATARACTS?

As part of your eye examination, your optometrist will check the health of your eyes. This includes using a special microscope to look at the lens inside your eye for any sign of cataract formation.

Using these results and information from other tests, optometrists are able to tell if you have cataracts.

CAN CATARACTS BE TREATED?

Many people with small cataracts that are not advancing can be helped with new prescription glasses and a regular eye health examination.

HOW WILL I KNOW WHEN I NEED TO HAVE CATARACTS REMOVED?

When cataracts begin to affect your vision, interfering with your ability to work or drive, your optometrist will talk to you about the benefits of referring you to

an ophthalmologist, or eye surgeon, to consider surgery to remove the cataracts.

This operation is generally uncomplicated and has a very high success rate although, like all surgery, complications can occur.

WHEN IS MY CATARACT 'RIPE' ENOUGH FOR SURGERY?

This is a common myth. The decision to have your cataract removed is based on how much a cataract is interfering with vision, and not on waiting until a cataract gets worse.

ARE CATARACTS REMOVED WITH LASERS?

Yes. You now have the choice to have your cataracts removed using the latest laser technology, known as Laser-assisted Cataract Surgery.

DO CATARACTS GROW BACK?

No. However, very rarely a different secondary cataract may develop following surgery. The good news is this can be fixed easily by your eye surgeon with a painless and quick procedure. ■



Introducing Desk Buddies! Is your work/home desk boring and dull? Brighten your desk and your day with a Desk Buddy! Desk Buddies are all different shapes and sizes but they all bring a smile to your face. All proceeds go to The Kids' Cancer Project. **Call 0458 367 000 for more information**

John Thomecraft Electrical
 Lic No. EC 41572, ABN 25 052 886 301
 Servicing Bay & Basin and surrounding areas
 New Homes • Extensions • 24 Hr Service
 Installation & Repairs, Hot Water Systems, Stoves, Small Jobs
 johntelectrical@gmail.com
0402 017 295

COSMIC COLOUR Lic No 143794C
 Painting & Decorating
 No job too small
Albert Roth
0450 259 669
 Email: Cosmiccolour@gmail.com

Peter Rose EyeQ Optometrists
 Visit eyeq.com.au for convenient online bookings

Vincentia Marketplace,
 8 Moona Creek Rd, Vincentia
 4443 9979



Alinta Southam-Rogers Anna Richter

EyeQ
 OPTOMETRISTS
 your local experts in eyecare



MUCKING IN

CLIFTON COMMUNITY FOOD GARDEN

Hours: Tues and Sat 9 to 12; Fri 2 to 5pm – Contributed by Colleen McIntyre



In looking back on the article for August 2019 for Mucking In, we were *“being patient”* with the winter plantings and the slowing growth of the winter crops. Our lessons are still in action as we work our way through the conditions of the last eight months or so with our changing world of drought, fire, floods and virus.

It is easier to apply these restrictions in the winter when it is comforting to be at home in one’s own space. We are grateful to have our sun drenched winter days, here on the south coast..... and to have practised patience.

The members of the Community Garden are able to continue their work on the current roster system and of course it is not necessary for us to water as we have enjoyed showers often in the evening and the days are mild and crop growth slower. As a result, our new tanks are full also, so the storage is complete.

Our early crop of broccoli has been shared around and more plants are growing on,

and will mature in a few weeks. The Asian greens and two varieties of peas, sugar snap and snow, also have been used in stir fry dishes by many members. Some like to eat them straight from the plant when they are fresh and sweet, such a crunchy treat!

Our next crop to come to maturity will be the broad beans and they are always delicious if picked young and eaten whole before the seeds are truly set. Later, just the seeds will be used and can be frozen for use in stews and casseroles. Being able to share these crops means all the members are able to enjoy them at all stages. The green manure crop is growing well and more beds have been planted using this nutrient booster system. We will also use the pea crops as dig-in manure crops when they have finished producing to enrich the beds they have grown in.

The Composting Team have been working particularly hard to replace the compost which was required to establish the orchard beds. The orchard required large amounts

of new compost to build each of the seven beds and this almost depleted our supply.

This was also a contributing factor in our decision to use a green manure crop to refurbish the beds for the winter. However the team have moved from cold composting to hot composting, which is a faster process and works well in the winter months, with the use of pigeon poo added to the layers in the mix. This is kindly donated to us, on a regular basis. It is dropped off at our gate, by the owner of the flock, and we see the pigeons do their "fly by" every afternoon to check on our progress, and we salute them all for their contribution. It is the hottest of all the manures and acts as an accelerant to the composting process, so our soil supply is on track to recover for spring. Thanks to all the team for their great work.

With the arrival and planting of the apple trees, the orchard is now complete and we will look forward to the progress of the trees in the spring and there will be great joy when we see the first blossoms. A job well done! Now this will have a netting cover erected by the Construction Team, to finish the job, and enclose the orchard from the predators.

Potatoes planted in this month will grow well and seed potatoes are available from

the nurseries. It is important to buy seed potatoes from the reputable suppliers as they are treated and certified and will result in a healthy crop. We were the recipients of stock donated from friends of the garden who shopped online but over purchased. Several varieties have been planted, some maturing sooner than others and so extending the cropping time. We have Pontiac, Sebago, Kipfler, Royal Crown and Desiree in the garden beds, delicious new potatoes with butter, pepper and salt, mmmm!

It is also suggested that it is time for us to plant aubergine (eggplant) but we have only just cleared our last bed from the previous crop and frankly I think we are all "egged out." There were so many plants and fruit in the last season, due mainly to them germinating in the compost, that we have reached saturation. Not that we like to discourage these gift plants but, easy does it, and we will be more discerning for next season. Many popped up in the new orchard beds and that has now changed. We will plant capsicum, cucumber, squash and try again with choko, although we are yet to have any luck with this generally "easy to grow" vegetable and wonder if we are too kind to it. ■

 <p>HUSKY Sports <small>The community club</small></p> <p>336 Huskisson Rd. Ph: 4441 5135</p> <p><i>Information for Members & Guests</i></p>	<p>WE ARE BACK! Club is open Midday to 8pm daily</p>	<p>MEAT MARKET THURSDAYS Tickets on sale 6pm; Draw from 7pm</p>	<p>MINI GOLF Open from midday Bookings preferred last booking 4pm</p>
<p>PARK VIEW CHINESE RESTAURANT - Ph 4441 7063 Open – Lunch 12pm-2pm; Dinner 5pm-8pm Dine In: Bookings Essential; Takeaway: Pick up from side entrance Kioloa Street</p>			
<p>Information subject to change due to COVID-19 advice.</p>			

St Georges Basin Senior Citizens Inc.

(aka Basin Seniors)

Providing Fun Activities and Social Contact for "Young at Heart" Seniors
Ph Margaret 4443 6031 – 0403 783 290

Senior Citizens are people 50 and over either retired or semi – retired.

I am very happy to announce that we are up and running again after the long shut down because of COVID-19. We resumed our Thursdays at The Country Club on the 9th July. Our thanks to the Management of the Club. Our Painting and Bushwalking groups have also resumed.

So, are you looking for something to do? Something to get you out of the house where you'll meet people and make new friends? Perhaps you are new to the district and looking for company and an interest? Why not join us for a friendly social morning of **Indoor Bowls** and/ or **Darts**, or perhaps a game of **Euchre** is your thing? Please come along and have a morning with us to see if you would like to come back and join us.

We are located in the Auditorium at The Country Club, from 9am each Thursday. If you don't know how to play Indoor Bowls, don't worry, we'll soon teach you in a very social, relaxed and friendly atmosphere.

New members also welcome to our **Painting Group** which meets at St Georges Basin Community Centre, Meriton Street, St. Georges Basin 9am Mondays.

Also, our **Bushwalking group** will make new members very welcome.

Anyone interested in any of our groups can contact me on 0403 783 290 or 4443 6031 for more information.

Till then, stay safe and well everyone, keep smiling – Margaret



Apple Mac Sales & Service

15+ years serving Apple Mac users throughout the Shoalhaven.

- New Macs & Apple products
- Repairs, upgrades, data recovery

Phone Dave 0411 572 725



Feeding and care services for your pets while you are away from home.

Reasonable rates – Call Robin

0418 699 277



licence No 273212C

BRING YOUR HOME BACK TO LIFE AGAIN

- Repaints
- Domestic / Commercial
- Internal / External
- Pensioner Discount
- Fully Insured & Friendly
- FREE QUOTES

0407 146 671

All Timber Repairs



TIMBER DECKING

Repairs, Replacement, New



- ~Handrails
- ~Ramps
- ~Stairs
- ~Privacy Screens
- ~Verandas
- ~Much more

Martin Tansley
4422 9048

0404 639 132
0458 969 100

Lic. No. 21717C

www.alltimberrepairs.com.au

ABN 77 106754104



VINCENTIA HIGH SCHOOL NEWS

The 2020 Shoalhaven Schools Excellence in Vocational Education & Training (VET) Awards was moved to an online interview process this year due to Covid-19 restrictions. Our School Careers Advisors and VET Co-ordinator Mrs Maree McNeil used Zoom for the student interviews and the process ran smoothly.

VET students can be nominated for showing outstanding work ethic by their teachers or work placement employers.

We are extremely proud of the following 16 students who were nominated for an Excellence in VET Award:

- Cate Rosengrave (SBAT - Retail)
- Dakota Ardler (SBAT - Early Childhood Care & Education)
- Kiana Ashby (SBAT - Retail)
- Alana McLeod (SBAT - Education Support)
- Mikayla Cross (SBAT - Retail Baking & Hospitality)
- Tanya Flynn (Hospitality)
- Tyson Watt (Hospitality)
- Madison Hall (Hospitality)
- Mia Garcia (Hospitality)
- Eadie Waring (Hospitality)

- Georgina Jones (Primary Industries)
- Eden Roszkiewicz (Primary Industries)
- Kade King (EVET - Animal Studies - external Tafe nomination)
- David White (Construction)
- Dylan Cussen (Construction)
- Matthew Morris (Construction & Metal & Engineering)

Judges were amazed at the professionalism and presentation of students and remarked that all students who took part have much to be proud of as every student excelled in different areas and ways.

Congratulations to the following students for winning the VET Student of the Year in their chosen subjects:

- Kade King
- Matthew Morris
- Georgina Jones
- Alanah McLeod
- Mia Garcia.

The Vincentia High School Community are extremely proud and wish these students all the best wishes with your future. ■



Grab & Go!

Concrete, Brick & Green waste?

We Demolish, Remove & Recycle

\$ave on tip fees, any amount, slabs/walls/trees etc.

8 ton Tipper with 3 ton crane. Compact Backhoe/
Bobcat hire with grader, crusher, hammer &
screener. 11 ton wheeled Excavator/Loader.
Site clearing, excavation & road maintenance.

Call Dave, free quotes

0411 572 725



What's been happening at St Georges Basin Public School

KINDERGARTEN 2021 REGISTRATION We are now taking Expressions of Interest for Kindergarten 2021. If you know of neighbours, relatives, friends or others who you think may be intending to come to our school, please let them know to contact us on 4443 4251 for information about enrolling or direct them to our school website www.stgeorgesbasin-ps.com.au under the enrolment tab which will also have enrolment information and relevant dates.



1J FOYER DISPLAY We have a very talented Year One class who used a variety of pencil, crayon and water colour paints to create these portraits of some of our amazing teachers. The backgrounds were created by the students in the colour/s they felt most matched their chosen teacher. Well done 1J, they are fantastic!

RFB1 BASIN VIEW MASONIC VILLAGE OVERWHELMED WITH DRAWINGS AND LETTERS FROM STUDENTS Thank you to students and teachers for their wonderful flower creations and letters to Basin View Masonic Village which will be placed around the village to brighten up the day for each and every resident. Unfortunately a lot of the residents are unable to have many visitors and feel out of touch with what is going on around them. Well done to StGBPS students for your gorgeous words, artwork and the intent to bring happiness to others.

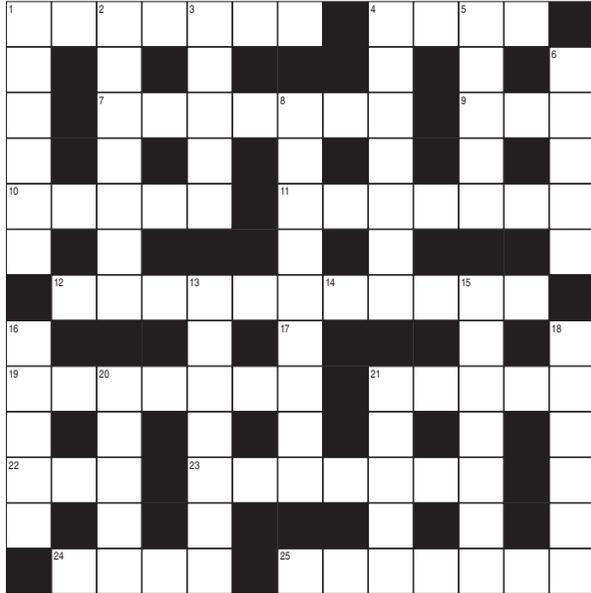


Across

1. Capital of Cyprus (7)
4. Largest and most populous island of the Seychelles (4)
7. Famous Singapore hotel (7)
9. Republic of South Africa, initially (3)
10. Capital of Ghana (5)
11. State capital of Georgia (7)
12. City in the Ruhr district of Germany (5)
14. The highest point in the British Isles, Ben ____ (5)
19. Landlocked country in South Africa (7)
21. Italian city famous for the Palio horse race (5)
22. Brazilian city, in short (3)
23. Falls on the border of USA and Canada (7)
24. Napoleon was exiled to this Italian island (4)
25. City on the South Island of New Zealand (7)

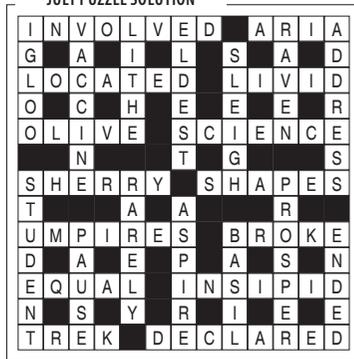
Down

1. Capital of the Bahamas (6)
2. Capital of Venezuela (7)
3. Bulgaria's capital city (5)
4. River in Western Europe (7)
5. One of the Great Lakes (5)
6. Doha is the capital (5)
8. Famous landmark of 22 Across, Sugar ____ Mountain (4)
13. Tallinn is the capital of this Baltic country (7)
15. Reykjavik is the capital (7)
16. Aka Ayers Rock (5)
17. Des Moines is the state capital (4)
18. Capital of the Northern Territory of Australia (6)
20. Capital of South Korea (5)
21. Country on the Iberian Peninsula (5)



© Puzzle Choice

JULY PUZZLE SOLUTION





McNamara & Associates

Lawyers & Conveyancers

- Family focused with a friendly & caring approach
- Efficient & reliable services for all your conveyancing, family law, business and legal needs

6/3 Schofield Lane, Nowra

4423 0155

www.mcnamaralawyers.com.au

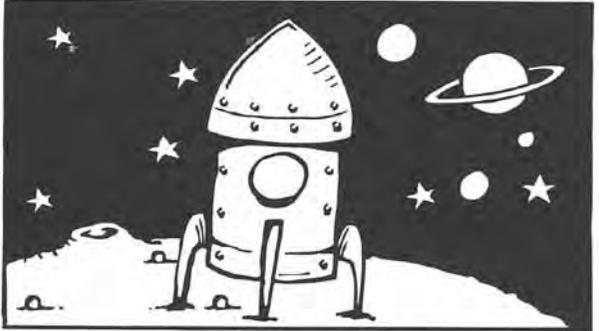
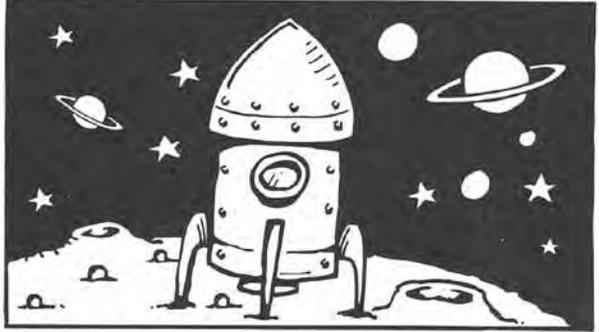
KIDS

ORDER

I'd tell you a joke about space, but..... it's too out of this world!

JOKES

Spot the differences.
How many can you find?



Q. Why couldn't the astronaut book a room on the moon? **A.** Because it was full.

Q. How do astronauts serve dinner? **A.** On flying saucers.

Q. When do astronauts eat their lunch? **A.** At launch time.

Q. Why is Saturn so rich? **A.** Because it has lots of rings!

Q. What dance do all astronauts know? **A.** The moonwalk.

Q. What did the alien say to the garden? **A.** Take me to your weeder!

HUSKISSON PICTURES



For dates, information &
movie times log onto
our website
www.huskipics.com.au

Program Information: 4441 6343
Administration: 4441 5076



BOSCO

ACCOUNTING Co.

A.B.N. 29 247 788 637

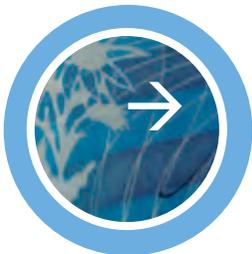


TAX TIME!

**3 WAYS
TO DO YOUR TAX**

- 1. ZOOMTAX**
- 2. TELETAX**
- 3. IN PERSON**

CALL NOW!



→ **Standard return from \$159**
– extra schedules incur extra fees

Phillip J Kennedy FCPA B Acc



Sanctuary Point 3/204 Kerry St T 4443 9700

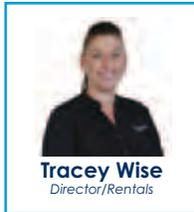
Sussex Inlet 1/185 Jacobs Dr T 4441 3733



FREE

Advertising Package

when you sell or rent with us!*



Printed and typeset by Sanctuary Point Printing - Ph/Fx: (02) 4443 0014

Jervis Bay
4441 7771

Nowra
4421 0633

Strata
1300 154 797

www.integrityre.com.au

*offer applies to Jervis Bay office only

integrity
real estate